Indian Rock Summer Day Camp
New activities each week for kids entering Kindergarten-12th grade

Come and join us!
- Explore the outdoors
- Enjoy the farm
- Discover science and nature
- Learn outdoor skills
- Learn to fish
- Learn to canoe & kayak
- Enjoy hiking & swimming
- Learn archery
- Enjoy arts and crafts
- Make new friends
- AND MUCH MORE!

SAVE THE DATES:
Indian Rock Open House April 22, 10:00am-2:00pm
Camper family day July 22, 10:00am-2:00pm

Extended care available!
Ask about our Scholarships!

Indian Rock Nature Preserve
A part of Environmental Learning Centers of Connecticut, Inc.
501 Wolcott Rd, Bristol, CT 06010 • (860) 583-1234 • www.ELCCT.org
Welcome To Camp!

Indian Rock Preserve turns forty years old this year! To commemorate this milestone, Indian Rock Summer Camp 2017 promises to be bigger and better. Our camp provides outdoor experiences to our campers that foster a new-found respect for themselves, others and the natural world. Indian Rock Preserve includes a unique mix of forest, trails, swimming areas, classrooms, exhibit animals and a farm that promotes exploration, skill-building, teamwork and fun, all in a respectful and safe environment. And, by the time camp starts, you will see some exciting new improvements to our facilities!

Are you returning? There are many new offerings to chose from. Even if program titles look familiar, nature changes constantly and so does our program content.

Are you considering Indian Rock Summer Camp for the first time? After reading this brochure, we hope you will see the incredible value we put on creativity, safety, exploration and adventure. Still not sure? Then join us for our Earth Day Open House on April 22 from 10:00am-2:00pm. Here, you and your prospective camper(s) can meet our staff and counselors, try some camp activities and explore the Preserve. As an added bonus, we will be having a special 40th Anniversary celebration at our Camper Family Day, July 22, 10:00 am -2:00 pm! Don’t forget that we also offer the flexibility of before and after-care. We hope to see you and your camper(s) this summer!

Welcome back, returning campers and families; and if you are new to our Indian Rock family, we are so excited to have you join us! Every year, we strive to ensure that our campers have an experience which is unique to our camp. Indian Rock Nature Preserve is a very special place. We promise lots of fun outdoors, including swimming, canoeing, kayaking, archery, tree-climbing, arts and crafts and time on the farm with our animal friends. We also promise that your child will have the chance to learn exciting new things about our natural world.

Our camp counselors work hard to make sure that every week, our campers don’t only go home with great memories, but with the experience of learning something new about the environment, such as our local species of animals and plants, our water ecology, geology and local history, both from Colonial and Native American perspectives. Our campers build self-confidence through outdoor survival skills training, and develop friendships which endure from year to year.

As Camp Director, I work closely with our campers and staff every day, helping to ensure that your children have the best possible experience while in our care. I invite you to come to our Open House, check out the incredibly varied offerings available for each age group, and contact us with any questions you may have. We are confident that our programs will provide an experience which your child will never forget.

The Indian Rock Team

Indian Rock Camp Counselors and staff are among the most professional, creative and caring people around. They take their jobs very seriously to ensure the best possible experience for our campers. All of our instructors are specially trained and certified, and many have been with ELCCT for five years or more. Some were even campers themselves! Our Camp Director, Sandra Godin, works closely with all of our staff providing an extra level of specialized support when it’s needed, drawing on her own professional background in education, human services and counseling, with extensive experience working directly with children and families. Our staff is trained in CPR, First Aid and Medications Administration and we employ a full-time First Aid Director for the summer who manages medications and any medical issues that may come up. As a result, the Connecticut Department of Health routinely scores us very high during their surprise inspections each year. All of this is to say that you, the parents, can rest easy knowing that your children are in good hands.
**June 26-30** **THE FIRST AMERICANS:** There was a time when only Native Americans roamed the forests of Indian Rock Preserve. You will experience this time by visiting our wigwams and “Indian Rock”, tasting Native American food, making Native American Crafts and much more as you discover the culture and customs of the first Americans.

**July 3-7** **FARM ANIMALS:** Indian Rock Farm has a lot to discover: a pig, cow, rabbit, honeybees, chickens, turkeys, sheep and much more. You will get to know these animals personally and learn all about them. Show your parents what you learned through a craft or product. **No camp July 4; Special Fee $190**

**July 10-14** **YOUNG SCIENTISTS:** Science is all around us and there is so much to see! Each day we will explore the preserve and conduct a different experiment using light, sound, motion, colors and much more!

**July 17-21** **TRAILSIDE DISCOVERIES:** Each day we will hike a different trail using our five senses to explore life along the way. You never know what we might find together! After the hike there will be a follow-up activity to reinforce the discoveries of the day.

**July 24-28** **THE ANIMALS AROUND US:** Let’s go find some animals! We will scour forest, pond, and stream in search of animal homes and animal signs. Birds, mammals, insects, reptiles, and amphibians are everywhere if you know where to look. We will learn all about where they live and what they do.

**July 31-August 4** **GEOLOGICAL FUN:** Discover our ever-changing Earth through engaging, hands-on activities. Learn about different kinds of rocks and start your own collection! Learn about mountains and volcanos. See how water, ice and wind continue to shape the landscape around us.

**August 7-11** **LIFE IN THE WATER:** Investigate the wondrous creatures that make the water their home. Explore the streams, lakes, ponds, and swamps of Indian Rock as you search for small and large animals of the watery world. Learn the skills of fishing for Largemouth Bass in Indian Lake!

**August 14-18** **SMALL LIFE:** Study the world of small creatures including worms, spiders, insects, and little plants. They may be small but they have a lot to show us. Investigate how they use their senses and compare them to yours!

**August 21-25** **SO LONG TO SUMMER:** Join us for a week of fun and games as we say goodbye to summer. Enjoy treasure hunts, nature walks, visits with our animals, forest games, races and much more. Share another week with your friends and enjoy a party to wrap up your time at camp.

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**A note to parents about Earth Magic**

The Environmental Learning Centers of Connecticut works with children throughout the year, not just during summer camp. For your Earth Magic camper, this may be his or her first camp experience and perhaps the first time they will be away from you for an extended period of time. We are here to make sure your child has a great experience and leaves camp with a sense of accomplishment, discoveries and new friends. All of our campers receive individualized and personal attention and this is especially true for Earth Magic. Earth Magic is a self contained group within our camp. They have their own room and are on a different lunch and swim schedule than the rest of the camp so that they are not overwhelmed by older campers. The ratio of campers per counselor is also smaller for Earth Magic. This way we can insure that children are comfortable in their new settings. We keep the same counselors with the Earth Magic groups throughout the summer so that returning campers can be greeted by a familiar face from week to week. It is a big step for a parent to leave their young child at camp for the first time. With our experience teaching children and our commitment to safety, your child is in good hands! For second year Earth Magic campers, though some of the programs topics may seem familiar, there are always new things to explore and our counselors make sure that the activities and discoveries are different each year.
Discoverers
For boys and girls entering 2nd - 3rd grades

June 26-30 **REPTILES AND AMPHIBIANS:** Start the summer by exploring the preserve for salamanders, turtles, frogs and other reptiles and amphibians. We will make a temporary collection of what we found and see some of ELCCT’s permanent collections as well.

or

**PATHFINDERS:** Join us this week as we learn how to have safe and fun outdoor experiences. Learn about maps, compasses, knots and plant and animal hazards. Learn ways to make sure you stay on course in the forest so you won’t become lost.

July 3-7 **NATIVE AMERICAN ADVENTURES:** Step back in time and explore Native American life. Visit our wigwams and an authentic rock shelter used by ancient tribes. Learn how tools, foods, and crafts were used and created by the Native Americans. **No camp July 4; Special Fee $190.**

or

**CREepy CRAWLies:** Grasshoppers, spiders, slugs, and centipedes are just some of the amazing invertebrates you will learn about during this exciting week of camp. Turn over logs, scoop into the pond and search for these wiggling, slithering, sliding, and hopping animals. As prey to many other animals, find out what they eat, where they hide, and what they do in order to survive. **No camp July 4; Special Fee $190**

July 10-14 **WOOdLAND GAMES:** Enjoy an action packed week of games in the forest; capture the flag, hide & find, treasure hunts, and other activities as you discover the fun of the woods.

or

**I SPY:** Work with your team of fellow spies to spy on others without being seen or heard! Learn how to camouflage yourself, move quietly, use sign language and make secret codes to communicate with your team members.

July 17-21 **FISHING:** Gain practical fishing skills and an understanding of the needs of plants and animals in and around Indian Lake. Learn basic fishing techniques as you fish for Large-mouth Bass in several locations around Indian Lake.

or

**STEP OUTSIDE:** It’s all about being outdoors! Explore, hike, search for animals and be a nature detective. During this adventure, you will discover cool places on the preserve that most people don’t get to see.

July 24-28 **WACKY SCIENCE:** Each day will be full of lots of surprises as you become a mad scientist for a week! Learn about the scientific method while laughing at the results of crazy science experiments using everyday materials like air pressure, liquids, solids, gases, levers, simple machines and much more. You will be the envy of the camp as you make things whiz, bang, poof and pop!

or

**ANIMAL ART:** Bring out the artist in you while having fun learning about animals! Hone your art skills by making animal sculptures, silhouettes, animal track stamps and more! Use your masterpieces to create an art show at the end of the week!

July 31-August 4 **COLONIAL TIMES:** Discover what it’s like to be a real pioneer! As you step back in time, you will try your hand at colonial crafts, games, and preparing colonial foods. Make a candle, spin yarn with wool from our sheep, make a corn husk doll, and more as you explore the colonial culture.

or

**TREE EXPLORERS:** Explore the world of towering trees in Indian Rock’s forest. Learn different ways to determine a tree’s age and why a wide variety of animals, including us, rely on forests to survive! Play games in the cool shade of our forest friends and even try climbing one the safe way.

August 7-11 **TREASURE HUNTER:** Learn the skills of a true treasure hunter. Think like a pirate as you unearth clues to find different hidden treasures every day! Follow maps and solve riddles to take home your share of the loot.

or

**FARMER:** Work with, and learn about farm animals and the products they provide. Visit with our cow, pig, sheep, chickens, turkeys, rabbit and honeybees and make a craft or product related to each animal.

August 14-18 **GEMSTONES AND GEOLOGY:** Enjoy rock collecting, jewelry making, geodes and even panning for fool’s gold as you learn about rocks, minerals and features of the land around us! Create your own volcano and learn about the geology behind it. We may even have a visit from a real-life geologist who will show us all kinds of different rocks and gems!

or

**NATURE DETECTIVES:** Investigate the secrets and mysteries of our natural world through your five senses. Did you know you can identify some trees by smelling them, and some birds just by hearing them? Track animals through the forest and find out what they are up to.

August 21-25 **SO LONG TO SUMMER:** Join us for a week of fun and games as we say goodbye to summer. Enjoy treasure hunts, forest games, races and a party to wrap up camp.
June 26-30  **WILD ANIMALS:** Venture into the preserve and discover the variety of amphibians, reptiles, birds and mammals that live here. Learn where to find different species and visit with mounted and live animals throughout the week.

**or**

**NATURALIST:** Gain practical naturalist skills and an understanding of the outdoors. Make your own nature guide as you learn to take pictures, make drawings, collect plants, and record your observations. A nature show will wrap up the week.

**July 3-7  WEATHER WATCHERS:** Did you ever wonder what the weather will be like the next day? Learn how to forecast weather, meet a real-life meteorologist, monitor Indian Rock’s weather station and provide the daily weather outlook for Indian Rock Camp.  **No camp July 4; Special Fee $190**

**or**

**TRY IT I:** Try a variety of different activities offered at camp in this sampler week! Each day will include different activities like canoeing, archery, tree climbing and nature exploration.  **No camp July 4; Special Fee $190**

**July 10-14  EXPLORATION OF ARCHERY:** The basic skills of archery will form the foundation of this week. Leave modern technology behind while discovering the lost art of constructing archery equipment from plants, animals, and rocks. Of course, test your skills on Indian Rock’s Archery Field!

**or**

**CANOE FISHING:** Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and safety skills will start the week. Learn a variety of fishing techniques as you fish for Largemouth Bass from a canoe.

**July 17-21  ART OF NATURE:** Use Indian Rock Preserve as your inspiration to create your own masterpieces! Learn to draw, sculpt and paint animal and plant life using different methods including watercolors, acrylic, clay and more! Finish the week off by having an Art Show.

**or**

**ANIMAL CARETAKERS:** Taking care of animals can be fun and rewarding but it is a lot of responsibility as well. Meet our resident animals including our cow, sheep, chickens, turkeys, rabbit, reptiles, amphibians and Whodini the Barred Owl. Learn about their diets and other needs and assist with their care.

**July 24-28  SEARCH AND RESCUE:** Learn the many methods of searching the wilderness for lost people and objects. Rescue techniques will be employed as teams carry out a mission each day! First aid and survival skills will be introduced throughout the week.

**or**

**NATURE’S MUSIC:** Not a musician? Not a problem! Using recycled materials and materials found on the preserve, make and learn to play a variety of unique instruments. We will explore Native American instruments, design our own and learn about the science of sound. Music will be heard throughout the Preserve!

**July 31-August 4  A WEEK IN THE LIFE OF A FARMER:** Expand your knowledge of farm animals and the business of farming as you become a junior farm hand. Adopt a chick for a week! Manage our egg sales, take care of our farm animals and help with farm projects that support these animals.

**or**

**EXPLORERS:** Become confident in the outdoors by learning basic camping skills. Gain experience in building shelters, outdoor cooking, orienteering and the health and safety of wilderness adventures. An overnight campout on the preserve will round out the week.  **Special fee: $260**

**August 7-11  KAYAKING:** Learn the basics of handling a kayak. Learn proper entry and exit techniques as well as how to launch, paddle and portage. Practice safety and rescue exercises as you explore Indian Lake. Our pro instructors will make you an expert in no time!

**or**

**SUPER SLEUTHS:** Hone your skills of deduction and reasoning as we use a detective’s “eye” to observe the living world. Track animals, solve mysteries and investigate crimes!

**August 14-18  COLONIAL TRADERS:** Discover the colonial way of life and try your hand at leather working, tin punching, wood working, basketry, book binding, stenciling and fireside cooking.

**or**

**ROCKETRY:** Blast off to a week of discovery! Learn about rockets, space vehicles and galactic travel. Make a variety of spacecraft. Discover how the sun impacts the Earth and learn the science behind rockets as you build and launch your own model!  **Special fee: $245**

**August 21-25  SO LONG TO SUMMER:** Join us for a week of fun and games as we bid adieu to summer in true Indian Rock style!
Adventurers
For boys and girls entering 6th - 10th grades

June 26-30 FARM HAND: Farmers are truly the “Jacks and Jills of all trades”. The need to maintain a farm requires a multitude of skills. Learn by doing as you help care for the animals, work on farm improvement projects and learn about animal husbandry.

or

CANOE FISHING: Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and safety skills will start the week. Learn a variety of fishing techniques as you fish for Largemouth Bass in a canoe.

July 3-7 TRY IT II: Try a variety of different activities offered at camp in this sampler week! Each day will include activities such as canoeing, archery, tree climbing and nature exploration. No camp July 4; Special Fee $190

or

NATURE PHOTOGRAPHY: This popular program will help you take better pictures. Using the preserve as a backdrop, you will learn about lighting, composition and more. Bring a camera that uses a standard SD card or borrow one of ours. No camp July 4; Special Fee $190

July 10-14 RECREATIONAL TREE CLIMBING: Explore the Preserve in a different way than ever before! Using ropes and harnesses, climb to the top of the tree canopy and learn necessary skills and techniques to climb even the tallest of trees.

or

BIRDS!: Set out in search of the colorful birds that make Indian Rock home. Meet live birds of prey up close! Help monitor Indian Rock’s nesting boxes. Assist with Bird Banding, participate in the annual summer bird count at Indian Rock Preserve and much more.

July 17-21 CANOEING AND KAYAKING: Learn the basics of handling a canoe and kayak. Launch, paddle, portage and learn safety and rescue techniques as you explore Indian Lake. All of our instructors are certified and experienced.

or

OUTDOOR ADVENTURE: Do you like the outdoors or exploring the forest? Do you like hiking and scrambling over huge boulders? Have you ever wanted to cook over a fire? If so, this week is for you! Explore the far reaches of Indian Rock Nature Preserve as few people have done! This week includes an overnight camp-out. Special fee: $260

July 24-28 WOODCRAFTERS: Learn basic woodworking skills including how to cut, carve, sand, and stain. Choose at least two projects to complete and take home at the end of the week! Special Fee: $245

or

KAYAKING: Here’s your chance to try out a fast, nimble paddle craft. Learn basic paddling technique and water safety, and put your skills to the test by playing kayak games!

August 3-7 ARCO THE ARROW: Examine the hidden science behind the art of archery and enter the world of physics. Conduct numerous physical experiments using the arrow and the bow while improving your skills as an archer. Each day will include time on the range for archery skill development.

or

NATURAL CRAFTER: Learn the skills to produce art out of natural materials found at Indian Rock! Learn about different types of art media and the use of patterns found in nature. Use wool, bees wax, a loom and much more. Finish off the week with an art show!

August 7-14 ADVANCED ROCKETRY: Advance your rocket building skills this week by designing and building two of your own rockets. Show off the results to the camp at the end of the week when you launch them in our field! Special Fee: $245

or

WATER WANDERERS: Water connects everyone. ELCCT and the Farmington River Watershed Association are teaming up for this special week to show how Bristol is directly connected to the Long Island Sound. We will even get a tour of a water treatment plant and take a trip to Hammonasset State Park on the Sound to solidify the connection. Grant funding is covering transportation costs. More information can be found on our website, www.elcct.org.

August 21-25 SO LONG TO SUMMER: Join us for a week of fun and games as we say goodbye to summer. Enjoy treasure hunts, forest games, races, and a barbecue to wrap up your time at camp.
Rangers
For boys and girls entering 8th - 10th grades

The Rangers group started in 2016 for older campers. It consists of Indian Rock’s more adventure-based programs. Please note that many of these programs have prerequisites to prepare the camper for the topic and activities. Campers entering 8th-10th grade can still sign up for programs in the Adventurers group as well.

June 26-30 FILMMAKING: Explore all aspects of filmmaking from writing and producing to shooting, performing and editing. Work on a promotional video for Indian Rock. We may even take a field trip to a local TV station to learn about professional production. Film experts will be on hand to assist with the projects and provide guidance. Special Fee: $250.

July 3-7 TRY IT III: Try a variety of different activities offered at camp and test your skills during this sampler week! Focusing on adventure, each day will include a different activity such as canoeing, archery, tree climbing and nature exploration. This session gives campers a fun preview of future weeks of camp. No camp July 4; Special Fee $190

July 10-14 SURVIVAL SKILLS: Knowing how to think for yourself in emergency situations helps increase self-confidence and independence. Learn to be ready for anything through a blend of traditional techniques and modern survival skills. Become proficient in the use of a map and compass as well as a hand held GPS unit. Learn shelter-building, fire-making, emergency first-aid and lashing techniques. This week will include guest instructors and an overnight camp. Special Fee: $260

July 17-21 ARCHERY II: Expand and hone your skills as an archer. Experience different types of bows and other archery equipment. Enter into camp archery competitions and learn new techniques. Special guest archery experts will visit to give us insight into the world of competitive archery. After this week, your archery skills will reach a whole new level. Prerequisite: Exploration of Archery, Arch of the Arrow or Try It.

July 24-28 INTERMEDIATE TREE CLIMBING: So you like to climb trees? If you already took Indian Rock’s Recreational Tree Climbing, you can learn advanced techniques like transfers and strategic rope placement. After mastering these techniques, try your luck at an aerial obstacle course or take a rest in a tree-top hammock. Prerequisite: Recreational Tree Climbing.

July 31-August 4 INTERMEDIATE KAYAKING: Further your paddling abilities and endurance by learning advanced skills and even learn the technique of a roll. Finish the week with a day trip to paddle the Farmington River. Prerequisite: Kayaking. Special Fee: $250.

August 7-11 OUTDOOR FITNESS: Do you have what it takes to work out in the outdoors? Learn about different fitness techniques and activities as well as safety concerns specific to the outdoors. Create your own personal workout to target muscle groups. Create Indian Rock’s first obstacle or fitness course and join in fitness games, hiking, yoga and much more to spend your summer being fit.

August 14-18 ADVANCED WATERCRAFT: Challenge your skills in paddling different watercraft, participate in watercraft relays and obstacle courses and learn safety techniques on the water. Even learn stand-up paddle-boarding! Prerequisite: Any of the following- Canoe and Kayaking, Kayaking, Try It or Canoe Fishing. Special Fee: $260

August 21-25 SO LONG TO SUMMER: That’s it. Summer is almost over, but there are plenty more fun and games left. Enjoy water fun, forest games, races and other celebratory activities to wrap up your time at camp.
Counselors-in-Training
For boys and girls
entering 10th - 12th grade

June 26-30  CIT TRAINING COURSE: Minimum age 14 years: Learn the skills to become a counselor in training. You will receive training in teaching young children, along with training in first aid, safety and camp operations. This training course is designed to prepare teens prior to, or just entering the work force with skills required of summer camp counselors. After successfully completing this course, CITs may assist camp counselors for as many weeks as they would like, free of charge, and on a voluntary basis under the supervision and approval of the CIT coordinator. Not only will you gain valuable skills, but this is also a great way to satisfy school community service requirements  Fee: $230

Being a CIT

Do you have what it takes to earn the coveted “Blue Shirt”? Do you like working with children? Are you patient, dedicated, outgoing and friendly? If so, then CIT training and placement may be for you. Counselors in Training are an essential part of the Indian Rock Summer Camp team. Under the supervision of the CIT Coordinator, CITs assist counselors in the preparation and instruction of activities, help document the summer by taking photographs and provide guidance and encouragement to campers. CITs are as much the “face” of Indian Rock Summer Camp as our Counselors are, and campers will rely on you for support. CITs also participate in behind-the-scenes activities such as assisting with ice cream sales, safely escorting campers from building to building and creating picture boards of the week’s activities for display.

In return for your volunteer support, you receive valuable work experience and training. Both the CIT Coordinator and the individual counselors will provide mentoring that will increase your leadership skills and your ability to work with children. You will be trained in safety procedures as well as operational procedures. Should you have any specific area of interest, ie. art, early childhood education, boating, etc., let us know and we will do our best to assign you to an area that enhances those interests. CITs also enjoy special parties and get-togethers. Placement as a CIT in the Indian Rock Summer Camp looks great on a work resume and also counts towards school community service hours.

Interested? The first step is to take and pass the CIT training course to be held June 26-30 (see above). Then, at the CIT Coordinator’s recommendation, you will be placed with camp sessions throughout the summer as your schedule allows and will be one of the elite to receive the coveted “Blue Shirt”
Our Facilities

The Orchard House
The Orchard House, nestled beside our apple orchard, is the general meeting area for the camp. It is where campers check in every Monday and meet their group every morning. Campers are also picked up in front of the Orchard House at the end of the day. Our lunchroom, gift shop, restrooms and two classrooms are also located in this building. If a camper arrives late, or is being picked up early, proceed to the Fuller F. Barnes Education Center.

The Fuller F. Barnes Education Center
The Fuller F. Barnes Education Center is a two-story, state-of-the-art education center. Also known as the Bird Building, this facility houses our offices, two education workshops/labs, two classrooms, a Great Room with a working waterfall and an extensive deck overlooking beautiful Indian Lake. It also houses additional restrooms and our main first aid station.

Indian Lake
Indian Lake provides opportunities for canoeing, kayaking and swimming. All water activities are supervised by certified lifeguards. Earth Magic and Discoverers age groups swim at the South Shore. This area is shallower and ideal for younger campers regardless of swimming ability. Explorers and Adventurers age groups swim at the North Shore. These campers must pass a swim test to be able to swim out to the floating dock. Non-swimmers, or campers who do not wish to take the swim test, may enjoy the water in the shallower area. North Shore also has a volleyball court.

Natural Areas
Although we have many indoor spaces available, campers spend most of their days outdoors. The Preserve’s Camp offers many hiking trails throughout its 280-acre natural area. What better place for a child to learn about nature than in Nature’s own backyard. Streams, small waterfalls, wetlands, 100 year-old oak trees and scenic views are all part of this classroom. Many of Indian Rock Summer Camp’s programs are designed to give campers the skills and knowledge to be comfortable outdoors.

Farm
Animals are excellent teachers! In addition to its collection of reptiles, amphibians and birds, Indian Rock Preserve also maintains a farm. The Farm’s residents include Nina the cow, Chester the rabbit, a flock of sheep, several chickens, six turkeys and Maybell the pig. Although we also have two classrooms on the farm, the green grass is a perfect place for children to sit and learn about animal husbandry and farm life.
Information for Parents and Guardians

Camp Fees
A standard one-week session of camp is $230. Some weeks have a different fee which is noted under their program description. All campers must be up-to-date annual members of ELCCT. Membership is $30 for each youth, or $60 for the entire family. Make checks payable to ELCCT, 501 Wolcott Road, Bristol, CT 06010.

Payment Policy
♦ Full payment is due at the time of registration. No camper is registered until payment is received.
♦ If registering for four or more weeks, full payment must be received for the first four weeks. Any additional weeks must be paid at least two weeks in advance.
♦ Partial payment for any weeks are not acceptable.
♦ Membership must be paid in full at the time of registration.
♦ If payment is not received prior to the time required above, the camper will be removed from all future weeks and the opening given to other individuals without notice. The Center will be under no obligation to permit future attendance.
♦ Morning or aftercare may be paid for as needed on a space available basis. Any camper dropped off before 8:45am or picked up after 4:15pm will be charged for extended care.

Fee Discounts
♦ Discounts are applied to Camp Fees only and are not applied to membership or extended care.
♦ 10% discount if paid in full by June 1st.
♦ 5% discount for all siblings attending the same week.
♦ We will prorate the first and last week of camp if needed for shortened weeks due to school schedules.

Refund Policy
♦ Full cash refunds will only be issued to campers who cancel with 30 days notice prior to the start of camp, or for any topic the Center cancels.
♦ Credit towards future programs will be issued to campers who have a bona-fide illness or injury affecting a full week and inform the Center prior to the start of the absence. Credits are valid for one year from issue date.
♦ No refunds or credits will be given for other than the reasons above.

Extended Day Program
There are two early morning sessions to choose from beginning at either 6:30am or 7:30am until the close of camp. You MUST register in advance for the 6:30am time slot! Our staff will not be here before 7:30am unless campers have registered and paid in advance! The fee is $35 per week for 6:30am and $25/week for 7:30am drop-off times. The pm session operates from the close of camp at 4:00pm until 5:30pm. The fee is $25 per week for the pm program. Late pick-ups after 5:30pm will be charged $25 per hour.

Health and Safety
The camp is licensed by the CT Office of Early Childhood and has an excellent safety record. A first aid staff member is present all day to handle minor injuries and coordinate major injuries with the proper medical professionals. We are proud of our perfect scores on camp inspections.
♦ Camp physicals are required and our physical examination form must be completed and on file prior to your child’s attendance at camp. The physical examination must have taken place in the past 3 years. Campers without a current physical form on file are not permitted to attend camp as per State law.
♦ If your child must take medications while at camp, including inhalers, epipens, prescriptions AND over the counter medications, State law requires the Authorization for the Administration of Medications Form to be completed by a doctor and signed by a parent. This form is located on the reverse side of our Physical Form.
♦ By State law, we can not accept any medication without the above named documents.
♦ Medications must be in pharmacy prepared containers and labeled with the name of the child, name of the drug, strength, dosage, frequency, authorized prescriber’s name and date of original prescription.
♦ Over the counter medications must be in the original container and labeled with the child’s name.
♦ Parents must check-in medications at the office and provide the above named form at the beginning of camp attendance. Parents must also sign our medication log to confirm the amount of medication we received. Medications are to be picked up at the end of the week.
♦ No camper is allowed to possess any medications on his/her person, including over the counter drugs, insect repellent and suntan lotion. Such labeled items will be collected and carried by the camper’s counselor and given as needed.
Environmental Learning Centers of Connecticut strives to make all of our programs accessible to all people. In keeping with this philosophy, we have created the Indian Rock Summer Camp Scholarship Fund. Through the generosity of individuals, foundations and corporations, financial assistance is available on a first come, first served basis. Adding to our scholarship fund this year is a generous contribution from the Women and Girls Fund, for scholarships specifically for girls and a contribution from The Barnes Group. For eligibility information, please call us at 860-583-1234 or email sheth@elcct.org.

Contributions are encouraged and can be made directly on your camp registration form, on-line at www.elcct.org or by mail, ELCCT, 501 Wolcott Rd., Bristol, CT 06010.

Information for Parents and Guardians

General Camp Information
♦ Normal Camp hours are 9:00am to 4:00pm
♦ See extended care options on the previous page.
♦ Every Monday, parents and campers must check in at the Orchard House where they will find out who their counselor is, make sure all necessary forms have been received and any medications are checked in.
♦ Parents sign campers in at the beginning of each day and sign campers out upon pickup.
♦ If you need to pick up your child early, you must inform the office at least one hour in advance.
♦ Many sessions will include “Finale Fridays” 20-30 minutes prior to dismissal. Please plan on attending so your child can show you what he/she did in camp!

Dress
Play clothes that can get dirty and sturdy, closed toe shoes or sneakers are a must! Programs are held rain or shine so bring rain coats if rain is possible. Indian Rock is always cooler than lower areas.

Lunch
Campers must provide their own lunch and afternoon snack. Please label the bag or container. Ice Cream is available for purchase ranging from $1.00 to $2.00.

Swimming
Swimming is provided at one of the lake’s two waterfronts, conditions permitting. Swim time is free play time. Campers are not required to know how to swim. They may swim, wade or play on the beach. Campers swim with their own age group. Swimming and wading are supervised by certified lifeguards. Campers must pass a swim test to swim to the floating dock at North Shore. Campers should bring a swimsuit and towel daily.

What do I bring to Camp?
♦ Wear Socks & Sneakers (that can get dirty!)
♦ Backpack
♦ Lunch and snack in a labeled bag
♦ Ice Cream and Gift Shop money (optional)
♦ Water Bottle
♦ Bathing Suit and Towel
♦ Flip flops / Water Shoes for walking to and from the swimming areas.
♦ Plastic grocery bag for wet bathing suit and towel (recommended to keep backpack and other items dry after swim)
♦ Sunscreen & Insect Repellent. Apply at home. To reapply at camp, we need it to be labeled with camper’s name along with our liability/permission form checked off and signed by the parent. No camper is allowed to carry sunscreen or insect repellent in their backpack for safety reasons. Camp counselors will collect sunscreen and insect repellent from campers and supervise use upon campers request.

Items Prohibited From Camp.
♦ Trading cards of any kind
♦ Personal items that may have a significant value
♦ Possession of knives (without authorization), fireworks, matches, tobacco, alcohol, drugs, or any kind of firearms or replicas will result in expulsion from camp and referral to the local police department if appropriate.
♦ No electronic devices of any kind are to be used during regular camp hours of 9:00am-4:00pm. During this time, all electronics should be stowed safely in a backpack and not taken out. We are not responsible for lost, stolen or damaged items. If electronics are brought to camp, they can only be used during morning care and aftercare. This policy is strictly enforced. Violations may result in the confiscation of the device. If a device is confiscated, it will be returned at the end of the day.

Financial Assistance
Environmental Learning Centers of Connecticut strives to make all of our programs accessible to all people. In keeping with this philosophy, we have created the Indian Rock Summer Camp Scholarship Fund. Through the generosity of individuals, foundations and corporations, financial assistance is available on a first come, first served basis. Adding to our scholarship fund this year is a generous contribution from the Women and Girls Fund, for scholarships specifically for girls and a contribution from The Barnes Group. For eligibility information, please call us at 860-583-1234 or email sheth@elcct.org.
RELEASE OF LIABILITY AND USE OF IMAGE
BY PARENT/GUARDIAN OF CHILD PARTICIPANT

One form for each child

Child's Name: __________________________________________      Date of Birth _____________
Camp Sessions(s): __________________________________________________________________
Session Dates(s): ___________________________________________________________________
Site(s): Indian Rock Preserve and camp field trip locations

As the child’s parent and/or legal guardian, I give permission for my child to participate in the Environmental Learning Centers of Connecticut’s (“ELCCT”) Indian Rock Summer Day Camp 2017 (“Camp”), which will include indoor and outdoor experiences. I understand there are possible dangers associated with the Camp, including but not limited to, insect stings, insect or tick bites, poison ivy, or falling on uneven terrain. I understand that my child may come in contact with wild and/or domesticated animals as part of the camp experience which may present some risk. I understand that my child’s participation in the Camp may involve sustained physical activity. My child is in good health and I am aware of no physical problem or condition, other than that indicated on my child's health form, that will limit or interfere with my child’s ability to participate in the Camp. I grant permission to ELCCT, its agents and employees, to administer first aid and to seek and obtain medical, dental or hospital care for my child in my place if deemed necessary.

I understand and agree that my child is participating in the above described activities at my own risk, and acknowledge that ELCCT has made no warranty or representation, expressed or implied, regarding the safety of conducting the Camp.

I hereby grant permission to ELCCT to reproduce my child’s appearance, name, likeness, voice, artwork, essays and biographical information in connection with the Camp in any and all manners, including promotional materials, and any and all media, including the Internet, throughout the world and in perpetuity.

I expressly release ELCCT, its officers, directors, employees, agents, licensees, successors and assigns from and for any and all claims, demands or causes of action which I have or may have for (i) libel, defamation, invasion of privacy or right of publicity arising from ELCCT’s use of my child’s appearance, name, likeness, voice and biographical information, including but not limited to, the distribution, broadcast or exhibition thereof; (ii) copyright infringement arising from ELCCT’s use of my child's artwork or essay; or (iii) on account of any loss, damage, or injury to person or property suffered or incurred by my child, except by ELCCT’s gross negligence, in connection with any aspect of my child’s participation in the Camp or in any Camp-related activity, including any transportation arranged by, paid for or provided by ELCCT.

This release shall be binding upon me and my heirs, next of kin, executors, administrators and assigns. By signing below, I acknowledge that I have thoroughly read and understand this form and that the statements I have made are all true.

I will provide and give permission for my child to apply _____ SUNSCREEN and/or _____ INSECT REPELLENT

Parent’s/Guardian’s signature:___________________________________________
Print Name:__________________________________________________________
Address:____________________________________________________________
Date:________________________
YOUTH CAMP HEALTH EXAM/RECORD FOR CAMPERS & STAFF

Physical exams are valid for 3 years from date of last examination

☐ Camper  Please return completed form to the camp
☐ Staff

Name ___________________________  Date of birth ________  Sex   Phone _____________________  
Guardian ________________________  Address ________________________________  
Emergency Contact Telephone ____________________________

TO BE COMPLETED BY THE SPECIFIED MEDICAL PRACTITIONER:

_____ May participate in all camp activities  Date of Exam _____ / _____ / _____
_____ May participate except for: ________________________________

Medical information pertinent to routine care & emergencies:

Is this individual taking prescriptions or over the counter medication(s)?  ☐ YES  ☐ NO  If YES, indicate names of Medication(s)
Does the individual have allergies?  ☐ NO  ☐ YES, Explain: ________________________________
Is the individual on a special diet?  ☐ NO  ☐ YES, Explain: ________________________________
Does the individual have special needs?  ☐ NO  ☐ YES, Explain: ________________________________

This camper/staff is up-to-date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

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<tr>
<th></th>
<th>YES</th>
<th>NO</th>
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<th>YES</th>
<th>NO</th>
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</thead>
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<tr>
<td>Measles</td>
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<td>Hepatitis B</td>
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<td>Mumps</td>
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<td>Rubella</td>
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<td>Chickenpox</td>
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<td>Pneumococcal conjugate</td>
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<td>Tetanus</td>
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<td>Polio</td>
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Comments ________________________________________________________________

Print name of medical care provider: ________________________________________
Medical care provider’s address: ___________________________________________
Medical care provider’s City/Town_____________________________ ST.____ Zip Code______ Phone#____________________

Signature of Physician, PA, APRN, or RN: ____________________________ Date form Signed ________________

Additional comments/information from parent/guardian:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
Authorization for the Administration of Medication by School, Child Care, and Youth Camp Personnel

In Connecticut schools, licensed Child Day Care Centers and Group Day Care Homes, licensed Family Day Care Homes, and licensed Youth Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the State Statutes and Regulations. Parents/guardians requesting medication administration to their child shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child’s name, name of medication, directions for medication’s administration, and date of the prescription.

Authorized Prescriber’s Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):

Name of Child/Student ________________________________ Date of Birth____/____/____ Today’s Date____/____/____
Address of Child/Student ___________________________________________________ Town___________________
Medication Name/Generic Name of Drug________________________________________ Controlled Drug? YES NO
Condition for which drug is being administered: _____________________________________________________________
Specific Instructions for Medication Administration ___________________________________________________________
Dosage______________________________Method/Route_______________________________________
Time of Administration _________________________ If PRN, frequency_____________________________
Medication shall be administered:  Start Date: _____/_____/_____   End Date: _____/_____/______
Relevant Side Effects of Medication _______________________________________________________
None Expected
Explain any allergies, reaction to/negative interaction with food or drugs________________________________________
Plan of Management for Side Effects _______________________________________________________________
Prescriber’s Name/Title ___________________________________________ Phone Number (_____) ______________
Prescriber’s Address ___________________________________________________ Town___________________
Prescriber’s Signature ___________________________________________ Date _____/_____/_____
School Nurse Signature (if applicable) ___________________________________________ Date _____/_____/_____

Parent/Guardian Authorization:
☐ I request that medication be administered to my child/student as described and directed above
☐ I hereby request that the above ordered medication be administered by school, child care and youth camp personnel and I give permission for the exchange of information between the prescriber and the school nurse, child care nurse or camp nurse necessary to ensure the safe administration of this medication. I understand that I must supply the school with no more than a three (3) month supply of medication (school only.)
☐ I have administered at least one dose of the medication to my child/student without adverse effects. (For child care only)
Parent/Guardian Signature___________________________________ Relationship______________ Date ____/____/____
Parent/Guardian’s Address ___________________________________________ Town___________________State_____
Home Phone # (____) ______-________ Work Phone # (____) ______-________ Cell Phone # (____) ______-_______

SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse (if applicable) in accordance with board policy. In a school, inhalers for asthma and cartridge injectors for medically-diagnosed allergies, students may self-administer medication with only the written authorization of an authorized prescriber and written authorization from a student’s parent or guardian or eligible student.

Prescriber’s authorization for self-administration:  ☐ YES ☐ NO _________________________________
Parent/Guardian authorization for self-administration:  ☐ YES ☐ NO _________________________________
School nurse, if applicable, approval for self-administration:  ☐ YES ☐ NO _________________________________

Today’s Date ___________ Printed Name of Individual Receiving Written Authorization and Medication ________________________________
Title/Position ___________________________________________ Signature (in ink) ________________________________
Indian Rock Camp Registration Form

Camper’s Name: ________________________________  Sex ___ Date of Birth: __________ Entering Grade _____

Parent or Guardian Information  E-mail address __________________________

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<thead>
<tr>
<th>Salutation</th>
<th>First Name</th>
<th>Last Name</th>
<th>Home Phone</th>
<th>Cell Phone</th>
<th>Work Phone</th>
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Street Address ______________________________________________________________________________________

City __________________________ State __________ Zip Code __________________________

If the above cannot be reached call: __________________________ Phone: __________________________

(Name & Relation to child)

Where did you hear about us? Attended before / ELCCT Website / Other Website / Newspaper / Lawn Signs / Flier / Other __________

Camper’s Shirt Size (circle one) Child: S M L  Adult: S M L XL

<table>
<thead>
<tr>
<th>Date Week of</th>
<th>Topic</th>
<th>Camp Fee for week</th>
<th>AM 6:30 ($35/week)</th>
<th>AM 7:30 ($25/week)</th>
<th>PM ($25/week)</th>
<th>Weekly Total</th>
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Camp fee subtotal: 5% of camp fee subtotal for sibling discount: -

10% of camp fee subtotal if paid in full by June 1st: -

Add Membership: Youth $30 or Family $60

I would like to make the following donation to the _ELCCT Camp Scholarship Fund:_

Camper’s Shirt Size (circle one) Child: S M L  Adult: S M L XL

GRAND TOTAL DUE: __________________________________________

Office Use  Date Received  Amount  Payment Method  Entered in Access: __________________________

1st  Physical: __________________________

2nd  Membership Copy: __________________________

3rd  Postcard Sent: __________________________

By: __________________________

☐ Master Card  ☐ Visa  ☐ Amex  ☐ Discover  Card # __________________________ Code ______ Exp. Date: ______

Amount: __________________________ Name on Card: __________________________ Signature: __________________________

Make Checks payable to: ELCCT

Mail to: 501 Wolcott Road, Bristol, CT 06010
Come join us at
Indian Rock
Summer Day Camp
For campers entering Kindergarten-12th grade