Indian Rock Summer Day Camp

New activities each week for kids entering Kindergarten-12th grade

Come and join us!
Explore the outdoors
Enjoy the farm
Discover science and nature
Learn outdoor skills
Learn to fish
Learn to canoe & kayak
Enjoy hiking & swimming
Learn archery
Enjoy arts and crafts
Make new friends
AND MUCH MORE!

Extended care available!
Ask about our Scholarships!

SAVE THE DATE: Indian Rock Open House April 27, 10:00am-2:00pm

Indian Rock Nature Preserve
A part of Environmental Learning Centers of Connecticut, Inc
501 Wolcott Road, Bristol, CT 06010 • (860) 583-1234
summercamp@elcct.org • www.ELCCT.org
Welcome To Camp!

Our camp provides outdoor experiences to our campers that foster a new-found respect for themselves, others and the natural world. Indian Rock Preserve includes a unique mix of forest, trails, swimming areas, classrooms, exhibit animals and a farm that promotes exploration, skill-building, teamwork and fun, all in a respectful and safe environment.

Are you returning? There are many new offerings to choose from such as Digging Deep, Eco Art, Outdoor Ninja Challenge and much more. Indian Rock Olympics was such a hit last year that we are bringing it back this summer! We continue to evaluate our Before and After Care programs and our CIT program, all to provide you and your child better service and an even better experience.

Are you considering Indian Rock Summer Camp for the first time? After reading this brochure, we hope you will see the incredible value we put on creativity, safety, exploration and adventure. Still not sure? Then join us for our Earth Day Open House on April 27 from 10:00am-2:00pm. Here, you and your prospective camper(s) can meet our staff and counselors, try some camp activities and explore the Preserve. Our website, www.elcct.org is also a great resource. Don’t forget to ask about our scholarship program. We strive to make our camp accessible to everyone. We hope to see you and your camper(s) this summer!

Welcome back returning campers and families; and if you are new to our Indian Rock family, we are excited to have you join us this summer!

Last July I joined the ELCCT staff as the Director of Education and Camp Director. I have extensive outdoor environmental education experience including 10+ years of camp director experience working with both day and residential camp programs. Being on staff year-around will allow for further camp curriculum development to ensure that all our campers have an experience which is unique to Indian Rock Summer Camp.

As Camp Director, I will work closely with our campers and staff every day, helping to ensure that your child has the best possible experience while in our care. Our camp staff works hard to make sure that every camper not only goes home with great memories, but with the experience of learning and trying something new while developing friendships that will endure from year to year.

I invite you to come to our Open House, check out the incredibly varied offerings available for each age group, and contact us with any questions you may have. I look forward to getting to know all of our campers and their families this summer and am confident that our summer camp programs will provide a fun and enriching experience which your child will never forget.

Scott E. Heth
Executive Director
ELCCT

Kirsten Tomlinson
Director Of Education, ELCCT
Director, Indian Rock Summer Camp

The Indian Rock Team

Indian Rock Camp Counselors and staff are among the most professional, creative and caring people around. They take their jobs very seriously to ensure the best possible experience for our campers. All of our instructors are specially trained and certified, and many have been with ELCCT for five years or more. Some were even campers themselves!

Our Camp Director, Kirsten Tomlinson, has over 10 years of camp director experience and works closely with all of our staff providing an extra level of support when it’s needed. All our staff is trained in CPR, First Aid and Medications Administration. We also have a full-time First Aid Director onsite during camp to manage medications and any medical issues that may come up. As a result, the Connecticut Department of Early Childhood routinely gives Indian Rock Summer Camp a perfect score during their surprise inspections each year. All of this is to say that you, the parents, can rest easy knowing that your children will be in good hands this summer.
Earth Magic
For boys and girls entering K - 1st grades

June 24-28 THE FIRST AMERICANS: Discover the culture and customs of the first Americans that once roamed the forests of Indian Rock Nature Preserve. You will experience this time by visiting our wigwams and “Indian Rock”, tasting Native American food, making Native American Crafts and much more.

July 1-5 FARM ANIMALS: Spend the week on the Indian Rock Farm getting to know our pig, cows, rabbit, honeybees, chickens, turkeys, sheep and much more. Learn about the animals and make farm animal inspired crafts and products.
No camp July 4; Special Fee $190

July 8-12 YOUNG SCIENTISTS: Put on your science cap and discover that science is all around us and there is so much to see! Each day we will explore the preserve and conduct a different experiment inspired by nature using light, sound, motion, colors and much more!

July 15-19 TRAILSIDE DISCOVERIES: Come explore the trails of the Preserve using your five senses. You never know what we might discover together! After the hike share your discoveries of the day through crafts and other activities.

July 22-26 THE ANIMALS AROUND US: Come explore the forest, pond, and stream in search of animal homes and animal signs. Birds, mammals, insects, reptiles and amphibians are everywhere if you know where to look and listen. We will learn all about where they live and what they do.

July 29-August 2 I LOVE ROCKS!: Rocks can be all different shapes, sizes, and colors. Learn about different kinds of rocks and start your own collection! Learn about our ever-changing Earth, including mountains and volcanos, through engaging, hands-on activities. See how water, ice and wind continue to shape the landscape around us.

August 5-9 LIFE IN THE WATER: Ever wonder what lives below the surface of the water? Explore the streams, lakes, ponds, and swamps of Indian Rock as you search for small and large animals of the watery world. Learn the skill of fishing for Largemouth Bass in Indian Lake!

August 12-16 TINY CRITTERS: Study the world through a magnifying glass. Search for the smallest creatures on the Preserve including worms, spiders, and insects. They may be small but they have a lot to show us. Investigate how they use their senses and compare them to yours!

August 19-23 INDIAN ROCK OLYMPICS: Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will team up in this camp-wide spectacular.

A note to parents about Earth Magic

The Environmental Learning Centers of Connecticut works with children throughout the year, not just during summer camp. For your Earth Magic camper, this may be his or her first camp experience and perhaps the first time they will be away from you for an extended period of time. We are here to make sure your child has a great experience and leaves camp with a sense of accomplishment, discoveries and new friends. The ratio of campers per counselor is smaller for Earth Magic to ensure that the campers receive individualized and personal attention and are comfortable in their new setting. Earth Magic is a self-contained group within our camp. They have their own rooms and are on a different lunch and swim schedule than the rest of the camp so that they are not overwhelmed by older campers. We strive to keep the same counselors with the Earth Magic groups throughout the summer so that returning campers can be greeted by a familiar face from week to week. It is a big step for a parent to leave their young child at camp for the first time. With our experience teaching children and our commitment to safety, your child is in good hands! For second year Earth Magic campers, though some of the programs topics may seem familiar, there are always new things to explore and our counselors make sure that the activities and discoveries are different each year.
Discoverers

For boys and girls entering 2nd - 3rd grades

June 24-28 REPTILES AND AMPHIBIANS: Start the summer exploring the pond, streams and forest of the preserve for salamanders, turtles, frogs and other reptiles and amphibians. Make a temporary collection of what we find and visit with some of ELCCCT’s permanent collections as well.

or

PATHFINDERS: Discover how to be safe while having fun outdoors. Learn how to navigate with maps and compasses, tie knots, and avoid plant and animal hazards. Learn ways to make sure you stay on course in the forest so you won’t become lost.

July 1-5 FISHING: Learn basic fishing techniques as you fish for Largemouth Bass and other species of fish at several locations around Indian Lake. Learn the needs of plants and animals in and around Indian Lake and what makes a good fishing hole. No camp July 4; Special Fee $190.

or

CREepy CRAWLIES: Turn over logs, scoop into the pond and search for thesewigging, slithering, sliding, and hopping animals. Grasshoppers, spiders, slugs, and centipedes are just some of the amazing invertebrates you will learn about during this exciting week of camp. As prey to many other animals, find out what they eat, where they hide, and what they do in order to survive. No camp July 4; Special Fee $190.

July 8-12 WOODLAND GAMES: Enjoy an action packed week of games in the forest. Test your skills playing capture the flag, hide & find, treasure hunts, and other activities as you discover the fun of the woods.

or

I SPY: Work with your team of fellow spies to spy on others without being seen or heard! Learn how to camouflage yourself, move quietly, use sign language and make secret codes to communicate with your team members.

July 15-19 COLONIAL TIMES: Discover what it’s like to be a real pioneer! As you step back in time, you will try your hand at colonial crafts, games, and preparing colonial foods. Make a candle, spin yarn with wool from our sheep, make a corn husk doll and more as you explore the colonial culture.

or

STEP OUTSIDE: It’s all about being outdoors! Explore, hike, search for animals and be a nature detective. During this adventure, you will discover cool places on the Preserve that most people don’t get to see.

July 22-26 WACKY SCIENCE: Become a mad scientist for a week! Learn about science while laughing at the results of crazy experiments using everyday materials to explore the ideas of air pressure, liquids, solids, gases, levers, simple machines and much more. You will be the envy of the camp as you make things whiz, bang, poof and pop!

or

ANIMAL ART: Bring out the artist in you while having fun learning about animals! Be inspired by the animals of the preserve as you hone your art skills making animal sculptures, silhouettes, animal track stamps and more! At the end of the week display your masterpieces at the Friday afternoon art show.

July 29-August 2 NATIVE AMERICAN ADVENTURES: Step back in time and explore Native American life. Visit our wigwams and an authentic rock shelter used by ancient tribes. Learn how tools, foods, and crafts were used and created by the Native Americans.

or

TREE EXPLorERS: Explore the world of towering trees in Indian Rock’s forest. Learn different ways to determine a tree’s age and why a wide variety of animals, including us, rely on forests to survive! Play games in the cool shade of our forest friends and even try climbing one the safe way.

August 5-9 TREASURE HUNTER: Learn the skills of a true treasure hunter. Think like a pirate as you unearth clues to find different hidden treasures around the Preserve every day! Follow maps and solve riddles to take home your share of the loot.

or

FARMER: Spend the week learning about farm animals and the products they provide us. Learn about our cows, pig, sheep, chickens, turkeys, rabbit and honeybees and then make a product or craft relating to each animal.

August 12-16 GEMSTONES AND GEOLOGY: Enjoy rock collecting, jewelry making, geodes and even panning for fool’s gold as you learn about rocks, minerals and features of the land around us! Create your own volcano and learn about the geology behind it. We may even have a visit from a real-life geologist who will show us all kinds of different rocks, gems and fossils!

or

NATURE DETECTIVES: Investigate the secrets and mysteries of our natural world through your five senses. Did you know you can identify some trees by smelling them, and some birds just by hearing them? Put on your detective cap and track animals through the forest and find out what they are up to.

August 19-23 INDIAN ROCK OLYMPICS: Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will team up in this camp-wide spectacular.
Explorers
For boys and girls entering 4th - 5th grades

June 24-28 WILD ANIMALS: Venture into the Preserve and discover the variety of amphibians, reptiles, birds and mammals that call the Preserve home. Learn where to find different species and visit with mounted and live animals throughout the week.

or

ECO ART: Use Indian Rock Preserve as your inspiration to create your own eco masterpieces! Create original works of art using natural and upcycled materials. Use your art to encourage others to recycle. Finish the week with an art show.

July 1-5 NATURE’S WONDERS: Ever wonder where the idea for Velcro came from? Or why ice floats? Spend the week looking at nature in a whole new way discovering nature’s engineers and exploring the many wonders and curiosities of nature! No camp July 4; Special Fee $190

or

TRY IT I: Try a variety of different activities offered at camp in this sampler week! Each day will include different activities like canoeing, archery, tree climbing and nature exploration. No camp July 4; Special Fee $190

July 8-12 EXPLORATION OF ARCHERY: The basic skills of archery will form the foundation of this week. Leave modern technology behind while discovering the lost art of constructing archery equipment from plants, animals, and rocks. Of course, test your skills on Indian Rock’s Archery Field!

or

CANOE FISHING: Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and fishing skills and safety will start the week. Then set out on Indian Lake in your canoe in search of the best fishing holes and practice your fishing techniques as you fish for Largemouth Bass and other fish species.

July 15-19 SUPER SLEUTHS: Hone your skills of deduction and reasoning as you use your detective “eye” to observe the living world. Put your skills to the test tracking animals, solving mysteries and investigating crimes!

or

ANIMAL CARETAKERS: Taking care of animals can be fun and rewarding but it is a lot of responsibility as well. Meet our resident animals including our cows, sheep, chickens, turkeys, rabbit, reptiles, amphibians and owls. Learn about their diets and other needs and assist with their care.

July 22-26 SEARCH AND RESCUE: Learn the many methods of searching the wilderness for lost people and objects. Rescue techniques will be employed as teams carry out a mission each day! First aid and survival skills will be introduced throughout the week.

or

COLONIAL TRADES: Ever wonder what life was like during the colonial times? Come discover the colonial life and try your hand at leather working, tin punching, wood working, basketry, blacksmithing, stenciling and fireside cooking.

July 29-August 2 A WEEK IN THE LIFE OF A FARMER: Expand your knowledge of farm animals and the business of farming as you become a junior farm hand. Adopt a chick for a week-end! Manage our egg sales, take care of our farm animals and help with projects around the farm to benefit these animals.

or

WILDERNESS EXPLORERS: Become confident in the outdoors by learning basic camping skills. Gain experience in building shelters, outdoor cooking, orienteering and the health and safety of wilderness adventures. An overnight camp-out on the preserve will round out the week. Special fee: $265

August 5-9 KAYAKING: Learn the basics of handling a kayak. Learn proper entry and exit techniques as well as how to launch, paddle and portage. Practice safety and rescue exercises as you explore Indian Lake. Our pro instructors will make you an expert in no time!

or

THEATER AT THE ROCK!: This program explores all aspects of theater from writing, set design, performing and more. Not an actor but like to build things, write or help behind the scenes? This week is for you. Like to act and ham it up? This week is for you too! End the week with performances for campers and parents.

August 12-16 HYDRO ENGINEERS: Spend the dog days of summer near and on the water as we make and race model boats, build a raft to navigate across Indian Lake, and other wacky and wet engineering activities.

or

ROCKETRY: Blast off to a week of discovery! Learn about rockets, space vehicles and galactic travel. Make a variety of spacecraft. Discover how the sun impacts the Earth and learn the science behind rockets as you build and launch your own model! Special fee: $245

August 19-23 INDIAN ROCK OLYMPICS: Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will team up in this camp-wide spectacular.
Adventurers
For boys and girls entering 6th - 10th grades

June 24-28 FARM HAND: Farmers are truly the “Jacks and Jills of all trades”. The need to maintain a farm requires a multitude of skills. Learn by doing as you help care for the animals, work on farm improvement projects and learn about animal husbandry.

or

CANOE FISHING: Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and fishing skills and safety will start the week. Then set out on Indian Lake in your canoe in search of the best fishing holes and practice your fishing techniques as you fish for Largemouth Bass and other fish species.

July 1-5 TRY IT II: Try a variety of different activities offered at camp in this sampler week! Each day will include activities such as canoeing, archery, tree climbing and nature exploration. No camp July 4; Special Fee $190

or

NATURE PHOTOGRAPHY: This popular program will help you take better pictures. Using the preserve as a backdrop, you will learn about lighting, composition and more. Bring a camera that uses a standard SD card or borrow one of ours. No camp July 4; Special Fee $190

July 8-12 RECREATIONAL TREE CLIMBING: See the Preserve in a different way than ever before! Using ropes and harnesses, climb to the top of the tree canopy to get a bird’s eye view of the Preserve. Learn necessary skills and techniques to safely climb even the tallest of trees.

or

BIRDS!: Set out in search of the colorful birds that make Indian Rock home. Put your eyes and ears to the test as you learn to identify birds by sight and sound. Meet our resident live birds of prey up close! Help monitor Indian Rock’s nesting boxes, assist with Bird Banding, participate in the annual summer bird count at Indian Rock Preserve and much more.

July 15-19 CANOEING AND KAYAKING: Get out on the water and learn the basics of handling a canoe and kayak. Launch, paddle, portage and learn safety and rescue techniques as you explore Indian Lake. All of our instructors are certified and experienced.

or

OUTDOOR ADVENTURE: Do you like the outdoors or exploring the forest? Do you like hiking and scrambling over huge boulders? Have you ever wanted to cook over a fire? If so, this week is for you! Explore the far reaches of Indian Rock Nature Preserve as few people have done! This week includes an overnight camp-out. Special fee: $265

July 22-26 WOODCRAFTERS: Do you like building with your hands? Learn basic woodworking skills including how to cut, carve, sand, and stain. Complete at least two projects to take home at the end of the week! Special Fee: $245

or

KAYAKING: Here’s your chance to spend a week on the water and try out a fast, nimble paddle craft. Learn basic paddling technique and water safety before putting your new skills to the test by playing kayak games!

July 29-August 2 ARC OF THE ARROW: Examine the hidden science behind the art of archery and enter the world of physics. Conduct numerous physical experiments using the bow and arrow while improving your skills as an archer. Each day will include time on the range for archery skill development.

or

NATURAL CRAFTER: Learn the skills to produce art out of natural materials found at Indian Rock! Learn about different types of art media and the use of patterns found in nature. Use wool, bees wax, rocks, vines and much more. Finish off the week with an art show!

August 5-9 ADVANCED ROCKETRY: Advance your rocket building skills this week by designing and building two of your own rockets. Show off the results to the camp at the end of the week when you launch them in our field! Special Fee: $245

or

DIGGING DEEP: Become an archaeologist for a week. Learn how to use the tools of the trade. Perform a real-life dig, search for and map historical features of Indian Rock such as old stone walls, foundations and shelters.

August 12-16 FORT BUILDING: Find a spot, just for you and your fellow fort builders, and build a secluded hideaway using natural and man-made materials. You will learn to hammer, cut, lash and assemble a group structure.

or

SMITHING: Explore the colonial crafts of blacksmithing and tinsmithing. Using a working forge, turn iron into usable materials such as hooks and tools, use tinsmithing techniques to make ornaments and other projects. Special Fee: $255.

August 19-23 INDIAN ROCK OLYMPICS: Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will team up in this camp-wide spectacular.
Rangers
For boys and girls entering 8th - 10th grades

The Rangers group started in 2016 for older campers. It consists of Indian Rock’s more adventure-based programs. Please note that some of these programs have prerequisites to prepare the camper for the topic and activities. Campers entering 8th-10th grade can still sign up for programs in the Adventurers group as well.

June 24-28 OUTDOOR NINJA CHALLENGE: Do you have what it takes to work out in the outdoors? Let nature be your inspiration as you work as a team to design and build a ninja style obstacle course. Take this opportunity to spend your summer being fit and have fun doing it.

July 1-5 TRY IT III: Try a variety of different activities offered at camp and test your skills during this sampler week! Focusing on adventure, each day will include a different activity such as canoeing, archery, tree climbing and nature exploration. This session gives campers a fun preview of future weeks of camp. No camp July 4; Special Fee $190

July 8-12 SURVIVAL SKILLS: Knowing how to think for yourself in emergency situations helps increase self-confidence and independence. Learn to be ready for anything through a blend of traditional techniques and modern survival skills. Become proficient in the use of a map and compass as well as a hand held GPS unit. Learn shelter-building, fire-making, emergency first-aid and lashing techniques. This week will include guest instructors and an overnight camp. Special Fee: $265

July 15-19 ADVENTURES IN ARCHERY: Expand and hone your skills as an archer. Experience different types of bows and other archery equipment including our compound bows. Enter into camp archery competitions and learn new techniques. Learn how to fletch an arrow, add a nock point and restring a bow. Learn about local archery organizations and competitions. After this week your archery skills will reach a whole new level.

July 22-26 TREE TOPPERS: So you like to climb trees? If you already took Indian Rock’s Recreational Tree Climbing, you can learn advanced techniques like transfers and strategic rope placement. If you have not taken our tree climbing course yet, no problem. We will teach you the basics to get you into the trees in no time. Either way, this promises to be a high flying adventure!

July 29-August 2 SMITHING: Explore the colonial crafts of blacksmithing and tinsmithing. Using a working forge, turn iron into usable materials such as hooks and tools, use tinsmithing techniques to make ornaments and other projects. Special Fee: $255.

August 5-9 FILMMAKING: Explore all aspects of filmmaking from writing and producing to shooting, performing and editing. Create short films and a promotional video about Indian Rock. Campers will experience everything from filming with ipads to professional cameras.

August 12-16 ADVANCED WATERCRAFT: Challenge your skills in paddling different watercraft, participate in watercraft relays and obstacle courses and learn safety techniques on the water. Even learn stand-up paddle-boarding! Prerequisite: Any of the following- Canoe and Kayaking, Kayaking, Try It or Canoe Fishing. Special Fee: $260.

August 19-23 INDIAN ROCK OLYMPICS: Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will team up in this camp-wide spectacular.
Counselors-in-Training
For boys and girls
entering 10th - 12th grade

June 24-28  CIT TRAINING COURSE: Minimum age 14 years: Learn the skills to become a Counselor-in-Training. You will receive training in teaching young children, along with training in first aid, safety and camp operations. This course is designed to prepare teens prior to, or just entering the work force with skills required of summer camp counselors. After successfully completing this course, CITs may assist camp counselors for as many weeks as they would like (must commit to a minimum of 2 weeks), free of charge, and on a voluntary basis under the supervision and approval of the CIT coordinator. Not only will you gain valuable skills, but this is also a great way to satisfy school community service requirements  Fee: $230

Do you have what it takes to earn the coveted “Blue Shirt”?  Do you like working with children? Are you patient, dedicated, responsible, outgoing and friendly? If so, then CIT training and placement may be for you. Counselors in Training are an essential part of the Indian Rock Summer Camp team. Under the supervision of the CIT Coordinator, CITs assist counselors in the preparation and instruction of activities, help document the summer by taking photographs and provide guidance and encouragement to campers. CITs are as much the “face” of Indian Rock Summer Camp as our Counselors are, and campers will rely on you for support. CITs also participate in behind-the-scenes activities such as assisting with ice cream sales, safely escorting campers from place to place and creating picture boards of the week’s activities for display.

In return for your volunteer support, you receive fun and valuable work experience and training. Both the CIT Coordinator and the individual counselors will provide mentoring that will increase your leadership skills and your ability to work with children. You will be trained in safety procedures as well as operational procedures. Should you have any specific area of interest, e.g. art, early childhood education, boating, etc., let us know and we will do our best to assign you to an area that enhances those interests. Placement as a CIT in the Indian Rock Summer Camp looks great on a work resume and also counts towards school community service hours.

Interested? The first step is to take and pass the CIT training course to be held June 24-28 (see above). Then, at the CIT Coordinator’s recommendation, you will be placed with camp sessions throughout the summer as your schedule allows and will be one of the elite to receive the coveted “Blue Shirt”.

Being a CIT

In return for your volunteer support, you receive fun and valuable work experience and training. Both the CIT Coordinator and the individual counselors will provide mentoring that will increase your leadership skills and your ability to work with children. You will be trained in safety procedures as well as operational procedures. Should you have any specific area of interest, e.g. art, early childhood education, boating, etc., let us know and we will do our best to assign you to an area that enhances those interests. Placement as a CIT in the Indian Rock Summer Camp looks great on a work resume and also counts towards school community service hours.

Interested? The first step is to take and pass the CIT training course to be held June 24-28 (see above). Then, at the CIT Coordinator’s recommendation, you will be placed with camp sessions throughout the summer as your schedule allows and will be one of the elite to receive the coveted “Blue Shirt”.
Our Facilities

The Orchard House
The Orchard House, nestled beside our apple orchard, is the general meeting area for the camp. It is where campers check in every day and meet their group every morning. Campers are also picked up in front of the Orchard House at the end of the day. Our lunchroom, gift shop, restrooms and two classrooms are also located in this building. If a camper arrives late, or is being picked up early, proceed to the Fuller F. Barnes Education Center.

The Fuller F. Barnes Education Center
The Fuller F. Barnes Education Center is a two-story, state-of-the-art education center. Also known as the Bird Building, this facility houses our offices, two education workshops/labs, two classrooms, a Great Room with a working waterfall and an extensive deck overlooking beautiful Indian Lake. It also houses additional restrooms, the camp office, and our staffed first aid station.

Indian Lake
Indian Lake provides opportunities for canoeing, kayaking and swimming. All water activities are supervised by certified lifeguards. Earth Magic and Discoverers age groups swim at the South Shore. This area is shallower and ideal for younger campers regardless of swimming ability. Explorers and Adventurers age groups swim at the North Shore. These campers must pass a swim test to be able to swim out to the floating dock. Non-swimmers, or campers who do not wish to take the swim test, may enjoy the water in the shallower area. North Shore also has a volleyball court.

Natural Areas
Although we have many indoor spaces available, campers spend most of their days outdoors. The Nature Preserve offers many hiking trails throughout its 280-acre natural area. What better place for a child to learn about nature than in Nature’s own backyard? Streams, small waterfalls, wetlands, 100 year-old oak trees and scenic views are all part of this classroom. Many of Indian Rock Summer Camp’s programs are designed to give campers the skills and knowledge to be comfortable outdoors.

Farm
Animals are excellent teachers! Indian Rock Preserve maintains an educational farm. The Farm’s residents include Nina and Jade the cows, a flock of sheep, several chickens, multiple turkeys and Maybell the pig. Although we also have two classrooms on the farm, the green grass is a perfect place for children to sit and learn about animal husbandry and farm life. The farm also features our pesticide-free vegetable garden, the Garden for Good.
Information for Parents and Guardians

Camp Fees
A standard one-week session of camp is $230. Some weeks have a different fee which is noted under their program description. All campers must be up-to-date annual members of ELCCT. Membership is $30 for each youth, or $60 for the entire family. Make checks payable to ELCCT, 501 Wolcott Road, Bristol, CT 06010.

Payment Policy
♦ Full payment is due at the time of registration. No camper is registered until payment is received.
♦ If registering for four or more weeks, full payment must be received for the first four weeks. Any additional weeks must be paid at least two weeks in advance.
♦ Partial payment for any weeks is not accepted.
♦ Membership must be paid in full at the time of registration.
♦ If payment is not received prior to the time required above, the camper will be removed from all future weeks and the opening will be given to other individuals without notice. The Center will be under no obligation to permit future attendance.
♦ Morning or aftercare may be paid for as needed on a space available basis. Any camper dropped off before 8:45am or picked up after 4:15pm will be charged for extended care.

Fee Discounts
♦ Discounts are applied to Camp Fees only and are not applied to membership or extended care.
♦ 10% discount if paid in full by June 1st.
♦ 5% discount for all siblings attending the same week.
♦ We will prorate the first and last week of camp if needed for shortened weeks due to school schedules.

Refund Policy
♦ Full cash refunds will only be issued to campers who cancel with 30 days notice prior to the start of camp, or for any topic the Center cancels.
♦ Credit towards future programs will be issued to campers who have a bona-fide illness or injury affecting a full week and inform the Center prior to the start of the absence. Credits are valid for one year from issue date.
♦ No refunds or credits will be given for other than the reasons above.

Extended Day Program
There are two early morning sessions to choose from beginning at either 6:30am or 7:30am until the start of camp. You MUST register in advance for the 6:30am time slot! Our staff will not be here before 7:30am unless campers have registered and paid in advance! The fee is $45 per week for 6:30am and $30/week for 7:30am drop-off times. The pm session operates from the close of camp at 4:00pm until 5:30pm. The fee is $30 per week for the pm program. Late pick-ups after 5:30pm will be charged $30 per hour.

Health and Safety
The camp is licensed by the CT Office of Early Childhood and has an excellent safety record. A first aid staff member is present all day to handle minor injuries, dispense medications and coordinate any major injuries with the proper medical professionals. We are proud of our perfect scores on camp inspections.
♦ Camp physicals are required and our physical examination form must be completed and on file prior to your child’s attendance at camp. The physical examination must have taken place in the past 3 years. Campers without a current physical form on file are not permitted to attend camp as per State law.
♦ If your child must take medications while at camp, including inhalers, epipens, prescriptions AND over the counter medications, State law requires the Authorization for the Administration of Medications Form to be completed by a doctor and signed by a parent. This form is located on the reverse side of our Physical Form.
♦ By State law, we can not accept any medication without the above named documents.
♦ Medications must be in pharmacy prepared containers and labeled with the name of the child, name of the drug, strength, dosage, frequency, authorized prescriber’s name and expiration date. Expired meds are prohibited.
♦ Over the counter medications must be in the original container and labeled with the child’s name.
♦ Parents must check in medications at the office and provide the above named form at the beginning of camp attendance. Parents must also sign our medication log to confirm the amount of medication we received. Medications are to be picked up at the end of the week.
♦ No camper is allowed to possess any medications on his/her person, including over the counter drugs, insect repellent and suntan lotion. Such labeled items will be collected and carried by the camper’s counselor and given as needed.
Information for Parents and Guardians

General Camp Information
♦ Normal Camp hours are 9:00am to 4:00pm
♦ See extended care options on the previous page.
♦ Every Monday, parents and campers must check in at the Orchard House where they will find out who their counselor is, make sure all necessary forms have been received and any medications are checked in.
♦ Parents sign campers in at the beginning of each day and sign campers out upon pickup.
♦ If you need to pick up your child early, you must inform the office at least one hour in advance.
♦ Many sessions will include “Finale Fridays” 20-30 minutes prior to dismissal. Please plan on attending so your child can show you what he/she did in camp!

Dress
Play clothes that can get dirty and **sturdy, closed toe shoes or sneakers are a must!** Programs are held rain or shine so bring rain coats if rain is possible. Indian Rock is always cooler than lower areas. When in doubt, you can always check our weather station at Weather Underground. A link is available on our website, www.elcct.org.

Lunch
Campers must provide their own lunch and afternoon snack. Please label the bag or container. Ice Cream is available for purchase ranging from $1.00 to $2.00.

Swimming
Swim time is provided at one of the lake’s two water-fronts, conditions permitting. Swim time is free play time during which campers may swim, wade or play on the beach. Campers are not required to know how to swim. Campers swim with their own age group. Swimming and wading are supervised by certified lifeguards. Campers must pass a swim test to swim to the floating dock at North Shore. Campers should bring a swimsuit and towel daily.

What do I bring to Camp?
♦ Wear Socks & Sneakers (that can get dirty!)
♦ Backpack
♦ Lunch and snack in a labeled bag
♦ Ice Cream and Gift Shop money (optional)
♦ Water Bottle
♦ Bathing Suit and Towel
♦ Flip flops / Water Shoes for walking to and from the swimming areas.
♦ Plastic grocery bag for wet bathing suit and towel (recommended to keep backpack and other items dry after swim)
♦ Sunscreen & Insect Repellent. Apply at home. To reapply at camp, we need it to be labeled with camper’s name along with our liability/permission form checked off and signed by the parent. No camper is allowed to carry sunscreen or insect repellent in their backpack for safety reasons. Camp counselors will collect sunscreen and insect repellent from campers and supervise use upon campers request.

Items Prohibited From Camp.
♦ Trading cards of any kind
♦ Personal items that may have a significant value
♦ Possession of knives (without authorization), fireworks, matches, tobacco, vapes, alcohol, drugs, or any kind of firearms or replicas will result in expulsion from camp and referral to the local police department if appropriate.
♦ No electronic devices are to be used during camp hours of 9:00am-4:00pm. During this time, all electronics should be stowed safely in a backpack. We are not responsible for lost, stolen or damaged items. If electronics are brought to camp, they can only be used during morning care and aftercare. Violations may result in the confiscation of the device which will be returned to the parent at the end of the day.

Discipline Policy
To ensure a positive experience, ELCCT does not tolerate unruly, disrespectful or aggressive behavior, especially as it relates to the safety of our campers. A copy of our discipline policy is posted in the Orchard House and can be viewed in the summer camp section of www.elcct.org.

Financial Assistance
Environmental Learning Centers of Connecticut strives to make all of our programs accessible to all people. In keeping with this philosophy, we created the Indian Rock Summer Camp Scholarship Fund. Through the generosity of individuals, foundations and corporations, financial assistance is available. Applications will be reviewed on a rolling basis. For eligibility information, please call us at 860-583-1234 or email summercamp@elcct.org. Contributions to our scholarship fund are greatly appreciated.
Come join us at
Indian Rock
Summer Day Camp
For campers entering Kindergarten-12th grade