



2021 Indian Rock Summer Camp Plan June 21nd-August 20th

(Based on regulations as of 2/27/21 – Plan is subject to change)

Indian Rock Summer Camp has always put the health and safety of its campers, staff, and parents first and this summer will be no different. Indian Rock Summer Camp consistently receives a perfect score on its surprise annual health and safety inspections by the Connecticut Office of Early Childhood (OEC). This is due to strict adherence to OEC guidelines, a professional senior staff who work for the organization year-round, and rigorous training of all our camp counselors and summer staff. Though the COVID-19 pandemic presents additional challenges, our commitment to health and safety remains paramount.

We are dedicated to providing the best summer camp experience possible even in light of COVID-19. We have used all of the current guidelines and regulations regarding 2021 summer camps from the Connecticut Office of Early Childhood (OEC), The Center for Disease Control and Prevention (CDC), and the American Camp Association (ACA) as the basis for our *2021 Indian Rock Summer Camp Implementation Plan*. Though camp may “look” different this summer, these guidelines are designed to provide for a safe and fun summer experience for your child(ren). Summer camp has always been important to building teamwork skills, learning independence and problem-solving, and developing an increased sense of self-confidence and discovery. With school being out all spring and kids not being able to socialize and play with their peers, we know that many kids are looking forward to summer camp now more than ever.

Communication

Frequent communication will be essential this year to insure a successful, rewarding, and fun summer camp. We will be in regular contact with all our camp families. If you are not receiving emails for us please verify that the email address you entered at registration is current and check your spam folder to ensure that the emails are not ending up there. If you are still having issues receiving our emails please contact us at (860)583-1234 or email us at summercamp@elcct.org The basis for our communication plan includes the following:

- Rules and guidelines for campers to follow during their time at camp and how it will be different than in past years will be emailed to all parents of registered campers prior to the start of camp.

- Parents and guardians will receive updates on camp activities throughout the week along with relevant information regarding COVID-19.
- Communications with parents will be conducted remotely, during check in/out or outside while using masks and following physical distancing protocols. All camp buildings and program areas will be limited to campers and authorized staff to the extent possible.
- Relevant posters and signage from the CDC, World Health Organization (WHO), and/or other accredited health agencies will be posted in each of our buildings. Examples include: COVID-19 information, Handwashing, Cough Etiquette, Symptoms associated with COVID-19, Stop the spread of germs, and Physical distancing.

What will Physical Distancing look like at camp?

Group Size

- All camp groups sizes will be 16 campers or less.
- Within their group, the campers will not need to remain 6 feet apart. However, we will arrange rooms and choose activities to facilitate maintaining space between campers.
- Campers will stay within their individual group for the entire camp day/week and will not intermix with other groups.
- Each group will be assigned to a specific indoor space for the duration of the week. These assigned spaces will be used for any indoor activities and in the event of inclement weather.

Drop-off and Pick-up

- Drop-off and pick-up times have been extended to a 30-minute window to aid in traffic flow and reduce congestion. Drop-off will be from 8:30-9:00 and pick-up will be from 3:45-4:15. Each camper will be assigned to one of our two drop off locations. Once a camper has been screened (see screening section below) and checked-in they will go immediately to their assigned tent/room to be greeted by their counselor.
- At pick-up, the campers will wait with their group and counselor in their assigned tent/room. Once they are signed-out they will proceed directly from their group to their vehicle to go home.
- Please make sure that whoever is picking-up your child has identification with them. We will ask at drop-off who will be picking up the camper each day. If the person changes, please call the office so that we can update the pick-up information.
- Additional details regarding drop-off and pick-up will be emailed out to families prior to the first day of camp each week.

Late Drop-Off or Early Pick-Up

- If you arrive after 9:00 to drop-off your camper, please drive to the main building, remain in your vehicle and call the office at (860)583-1234. One of our staff will come out to complete your child's screening and check them in. Once they are checked-in they will be walked to their group's location.

- If you need to pick-up your child prior to 3:45 please let us know in the morning at drop-off or call as soon as possible to let us know. When you arrive please call the office at (860) 583-1234 and a staff member will come out to sign your child out.

Lunch

- Campers will remain within their groups for lunch and will eat either in their classroom or enjoy a picnic style lunch outdoors on the preserve.
- Campers are going to keep their lunches with them as much as possible. Please try to pack non-perishable food items for lunch and snack. If your camper does have perishable items in their lunch, we will provide refrigeration for those items.

Swim Time

- Each group will be assigned a designated swim time so that there is only one group per shore at a time.
- Camp groups will alternate which side of the changing room is being used to allow for disinfecting between groups.
- When possible, the same lifeguard will supervise swim for the same groups for the duration of the week to limit the number of different individuals each group has contact with.

Inclement weather

- Camp will remain open in the event of inclement weather.
- During light rain the campers will still be going outside, so be sure that they are dressed appropriately for the weather each day.
- If there is thunder and/or lightening, the campers will remain indoors in their assigned rooms and participate in indoor activities that are linked to their session topic.

AM & PM Extended Care

- We hope to be able to bring back the extended day options this summer pending COVID regulations. We have opened the Extended Care options for registration at this time. If COVID regulations do not make it feasible for us to run the extended care we will notify families that have signed up for it as soon as possible.

How is the health of campers and staff being monitored?

Pre-screening before camp begins

- Camper health forms are being reviewed to identify conditions that may put a camper at higher risk. Parent's of campers identified as having conditions that put them at higher risk will be contacted to discuss if any additional precautionary measures as indicated by the child's health care provider.

Daily Screening to check for signs and symptoms upon arrival

- We will follow OEC guidelines as they pertain to screening of campers each day when they arrive at camp.
- All staff and children will be required to be screened for any observable illness and COVID related symptoms, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit.
 - Campers/Staff who have a temperature greater than 100 degrees will not be permitted into camp per Executive Order 7Q.
- Campers and staff will be observed throughout day by their camp counselors/supervisory staff for any observable illness, including cough or respiratory distress.

Absences

- Parents will be required to call the office and report if their child will not be at camp on a certain day and state the reason why. If a child is absent and no call is received, we will contact the parent to find out why their child is absent.

Enhanced Health and Safety Procedures

In addition to implementing health and safety actions that are standard at Indian Rock Summer Camp, ELCCT will take the following additional steps this summer to insure the health and safety of campers, staff and parents:

Hand Washing

- In addition to the sinks in the restrooms and activity spaces additional outdoor handwashing stations will be in place for this summer to facilitate frequent handwashing by all campers and staff.
- Hand sanitizer will be available in each room and carried at all times by each counselor.
- Each camp group will be trained by their counselor on correct hand washing techniques and coughing etiquette the first day of each camp week.

Additional cleaning protocols being implemented this summer

- Deep cleaning and disinfecting of communal spaces, restrooms, and session rooms will occur daily at the end of the day after campers have left.
- Cleaning and disinfecting of communal spaces and restrooms will occur frequently throughout the day and between groups as feasible.
- Frequently touched surfaces will be cleaned and disinfected frequently throughout the day.

Masks

- All campers and staff will wear protective face masks inside, and outside when physical distancing cannot be maintained.
- Please make sure to send your child with a mask every day.

Sharing of items such as toys, supplies and equipment

- Where feasible, equipment such as bows, paddles, fishing poles, etc. will be assigned to one or two campers for the entire week and will be disinfected after use.
- Art supplies such as crayons, glue sticks, pencils, etc. will be prepackaged each week and will be assigned to each camper at the beginning of the week for our younger age groups.
- Shared materials and equipment will be cleaned and disinfected after use and at the end of the day.

Staff Training

Training has always been an integral part of Indian Rock Summer Camp. A full week is spent prior to camp on staff training. In addition to the standard material that is covered each year, this year we are including training on the following COVID-related topics:

- Definition and examples of physical distancing
- Protocols to insure there will be no mixing of groups
- The use and care of PPE and when it should be used, including how to doff and don masks and gloves.
- Facts about COVID-19
- Who is at higher risk for COVID-19?
- Procedures to follow if a camper or staff gets sick
- Procedures to follow if there is a confirmed or suspected case of COVID-19 at camp.
- New scheduling and program procedures in place to enforce physical distancing and sanitation
- What materials should be used for proper sanitation and how to use them.
- Ways to talk to children about COVID-19

Plan for if camper or staff is suspected or confirmed of having COVID-19

Indian Rock Summer Camp is experienced with responding to injuries and illnesses. As per our camp license from the State of Connecticut, we are required to have a Director of First Aid on site while camp is in session. Our Director of First Aid is a full-time employee of ELCCT whose sole responsibility during the summer is to monitor health, administer and keep track of medications and respond to health issues. In the event of suspected or confirmed case of COVID-19 we will:

- Immediately inform parents/legal guardians if their child(ren) are experiencing any symptoms.
- Immediately notify the State Department of Health, Office of Early Childhood, Bristol-Burlington Health District, and our on-call camp physician.
- Parents/legal guardians of other campers will be informed about any potential contact their children may have had with suspected or confirmed cases.
- Additional cleaning and disinfecting protocols as specified by the Office of Early Childhood will be implemented.

What role do parents play this summer?

We are in this together! We are on your team, dedicated to giving kids a healthy, fun camp experience this summer. We ask that all registered camp families be on board with the following:

- We ask that as much as possible, camp families continue to practice appropriate physical distancing. In order for us to stay open, we need families to limit their exposures as much as possible.
- We will all have new routines to learn. We will need parents to **read the information we send and comply with all policies and directions.** We can't do this without all of us on board to participate in communication.

With everyone's cooperation this year's Indian Rock Summer Camp will provide our entire camp family with a fun and safe summer to remember! If you have any further questions please call our office at (860)583-1234 or email us at summercamp@elcct.org.