



2021

# Indian Rock

# Summer Day Camp

New activities each week for kids entering Kindergarten-12<sup>th</sup> grade



**Come and join us!**

**Explore the outdoors**

**Enjoy the farm**

**Discover science and nature**

**Learn outdoor skills**

**Learn to fish**

**Learn to canoe & kayak**

**Enjoy hiking & swimming**

**Learn archery**

**Enjoy arts and crafts**

**Make new friends**

**AND MUCH MORE!**

- ◆ **Online Registration!**
- ◆ **Extended care available!**
- ◆ **Ask about Scholarships!**

**Indian Rock Nature Preserve**

A part of Environmental Learning Centers of Connecticut, Inc  
501 Wolcott Road, Bristol, CT 06010 ♦ (860) 583-1234  
summercamp@elcct.org ♦ www.ELCCT.org

**www.ELCCT.org**

# Welcome To Camp!

What a year it has been! 2020 marked the 50<sup>th</sup> Anniversary of the Environmental Learning Centers of Connecticut. In 1970, our first facility, the Harry C. Barnes Memorial Nature Center was built. In 1977, Indian Rock Nature Preserve was donated by the Fuller Barnes family, and Indian Rock Summer Camp was established. Though this landmark event was overshadowed by the pandemic it still gave us cause to reflect on the hundreds of thousands of people ELCCT has inspired to enjoy and appreciate the natural world.



Indian Rock Summer Camp has been a crucial part of this mission and it is heartwarming to see parents who attended camp as a child now enrolling their children to explore Indian Rock's 280 acres of wildlife habitat, learn to paddle a canoe or shoot an arrow and spend time with our farm animals.

I am so proud of our team of full-time staff and summer staff who stepped up to the plate last year to develop and implement a plan to open camp when other camps didn't. At the time, we did not know what to expect but successfully provided the camp experience to 750 campers. With this experience, and with the experience we gained this fall and spring assisting children who were participating in remote learning, we are uniquely poised to provide a life-changing and safe summer camp experience for your child.

We hope to see you and your camper(s) this summer, they need it now more than ever!

**Scott E. Heth**  
Executive Director  
ELCCT

Welcome back returning campers and families; and if you are new to our Indian Rock family, we are excited to have you join us this summer!

As the Director of Education and the Indian Rock Summer Camp Director, I will work closely with our campers and staff every day, helping to ensure that your child has the best possible experience while in our care. We work year-around developing our camp curriculum to ensure that all our campers have a great experience and our camp staff makes sure that every camper not only goes home with great memories, but with the experience of learning and trying something new while developing friendships that will endure from year to year.



We know how important summer camp is especially during these uncertain times. Last spring and summer we worked tirelessly to develop and implement a plan that allowed us to open camp last summer for 11 weeks, achieve a perfect score on our annual inspection, and have no cases of COVID. We will once again adjust our plans to meet or exceed state regulations to help ensure another safe and healthy summer for all our campers and staff.

Please contact us with any questions you may have. I look forward to getting to know all our campers and their families this summer and am confident that our summer camp programs will provide a fun and enriching experience which your child will never forget.

**Kirsten Tomlinson**  
Director Of Education, ELCCT  
Director, Indian Rock Summer Camp

## The Indian Rock Team

Indian Rock Camp Counselors and staff are among the most professional, creative and caring people around. They take their jobs very seriously to ensure the best possible experience for our campers. All of our counselors are specially trained and certified, and many have been with ELCCT for five years or more. Some were even campers themselves! Our Camp Director, Kirsten Tomlinson, has over 10 years of camp director experience and works closely with all of our staff providing an extra level of support when it's needed. All our staff is trained in CPR, First Aid and Medications Administration. We also have a full-time First Aid Director on-site during camp to manage medications and any medical issues that may come up. As a result, the Connecticut Department of Early Childhood routinely gives Indian Rock Summer Camp a perfect score during their surprise inspections each year. And, with the experience we have gained over the past twelve months educating children during a pandemic, you, the parents, can rest easy knowing that your children will be in good hands.



# Earth Magic

## *For boys and girls entering K - 1<sup>st</sup> grades*

**June 21-25 THE FIRST AMERICANS:** Discover the culture and customs of the first Americans that once roamed the forests of Indian Rock Nature Preserve. You will experience this time by visiting our wigwams and “Indian Rock”, tasting Native American food, making Native American Crafts, and much more.

**June 28-July 2 YOUNG SCIENTISTS:** Put on your science cap and discover that science is all around. Each day we will explore the preserve and conduct a different experiment inspired by nature using light, sound, motion, colors, and much more!

**July 6-9 TINY CRITTERS:** Study the world through a magnifying glass. Search for the smallest creatures on the Preserve including worms, spiders, and insects. They may be small but they have a lot to show us. Investigate how they use their senses and compare them to yours!

**No camp July 5; Special Fee \$200**

**July 12-16 TRAILSIDE DISCOVERIES:** Come explore the trails of the Preserve using your five senses. You never know what we might discover together! After the hike share your discoveries of the day through crafts and other activities.

**July 19-23 FARM ANIMALS:** Spend the week on the Indian Rock Farm getting to know our pig, cows, honeybees, chickens, turkeys, sheep, and much more. Learn about the animals and make farm animal inspired crafts and products.

**July 26-30 I LOVE ROCKS!:** Rocks can be all different shapes, sizes, and colors. Learn about different kinds of rocks and start your own collection! Learn about our ever- changing Earth, including mountains and volcanos, through engaging, hands-on activities. See how water, ice, and wind continue to shape the landscape around us.



**August 2-6 LIFE IN THE WATER:** Ever wonder what lives below the surface of the water? Explore the streams, lake, and swamps of Indian Rock as you search for the small and large animals of the watery world. Learn the skill of fishing for Largemouth Bass in Indian Lake!

**August 9-13 THE ANIMALS AROUND US:** Come explore the forest, lake, and stream in search of animal homes and animal signs. Birds, mammals, insects, reptiles, and amphibians are everywhere if you know where to look and listen. We will learn all about where they live and what they do.

**August 16-20 INDIAN ROCK OLYMPICS:** Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will combine to form teams for this camp-wide spectacular.

## A note to parents about Earth Magic

The Environmental Learning Centers of Connecticut works with children throughout the year, not just during summer camp. For your Earth Magic camper, this may be his or her first camp experience and perhaps the first time they will be away from you for an extended period of time. We are here to make sure your child has a great experience and leaves camp with a sense of accomplishment, discoveries and new friends. The ratio of campers per counselor is smaller for Earth Magic to ensure that the campers receive individualized and personal attention and are comfortable in their new setting. Earth Magic is a self-contained group within our camp. They have their own rooms and are on a different lunch and swim schedule than the rest of the camp so that they are not overwhelmed by older campers.

We strive to keep the same counselors with the Earth Magic groups throughout the summer so that returning campers can be greeted by a familiar face from week to week. It is a big step for a parent to leave their young child at camp for the first time. With our experience teaching children and our commitment to safety, your child is in good hands! For second year Earth Magic campers, though some of the programs topics may seem familiar, there are always new things to explore and our counselors make sure that the activities and discoveries are different each year.



# Discoverers

## For boys and girls entering 2<sup>nd</sup> - 3<sup>rd</sup> grades

**June 21-25 NATURE'S WONDERS:** Ever wonder where the idea for velcro came from? Or why ice floats? Spend the week looking at nature in a whole new way, discovering nature's engineers and exploring the many wonders and curiosities of nature!

*or*

**PATHFINDERS:** Discover how to be safe while having fun outdoors. Learn how to navigate with maps and compasses, tie knots, and avoid plant and animal hazards. Learn ways to make sure you stay on course in the forest so you won't become lost.

**June 28-July 2 COLONIAL TIMES:** Discover what it's like to be a real pioneer! As you step back in time, you will try your hand at colonial crafts, games, and preparing colonial foods. Make a candle, spin yarn with wool from our sheep, make a corn husk doll, and more as you explore the colonial culture.

*or*

**FARMER:** Spend the week learning about farm animals and the products they provide us. Learn about our cows, pig, sheep, chickens, turkeys, and honeybees and then make a product or craft relating to each animal. Our animals look forward to seeing you and summer camp is their favorite time of year!

**July 6-9 FISHING:** Learn basic fishing techniques as you fish for Largemouth Bass and other species of fish at several locations around Indian Lake. Learn the needs of plants and animals in and around Indian Lake and what makes a good fishing hole.

**No camp July 5; Special Fee \$200.**

*or*

**NATIVE AMERICAN ADVENTURES:** Step back in time and explore Native American life. Visit our wigwams and an authentic rock shelter used by ancient tribes. Learn how tools, foods, and crafts were used and created by the Native Americans.

**No camp July 5; Special Fee \$200.**

**July 12-16 STEP OUTSIDE:** It's all about being outdoors! Explore, hike, search for animals, and be a nature detective. During this adventure, you will discover cool places on the Preserve that most people don't get to see.

*or*

**WOODLAND GAMES:** Enjoy an action packed week of games in the forest. Test your skills playing capture the flag, hide & find, treasure hunts, and other activities as you discover the fun of the woods.

**July 19-23 I SPY:** Work with your team of fellow spies to spy on others without being seen or heard! Learn how to camouflage yourself, move quietly, use sign language, and make secret codes to communicate with your team members. The rest of the camp will never see or hear you coming!

*or*

**WACKY SCIENCE:** Become a mad scientist for a week! Learn about science while laughing at the results of crazy experiments using everyday materials to explore the ideas of air pressure, liquids, solids, gases, levers, simple machines, and much more. You will be the envy of the camp as you make things whiz, bang, pop, and pop!

**July 26-30 ANIMAL ART:** Bring out the artist in you while having fun learning about animals! Be inspired by the animals of the preserve as you hone your art skills making animal sculptures, silhouettes, animal track stamps, and more!

*or*

**TREE EXPLORERS:** Explore the world of towering trees in Indian Rock's forest. Learn different ways to determine a tree's age and why a wide variety of animals, including us, rely on forests to survive! Play games in the cool shade of our forest friends and even try climbing one the safe way.



**August 2-6 REPTILES AND AMPHIBIANS:** Spend time this summer exploring the lake, streams and forest of the Preserve looking for salamanders, turtles, frogs, and other reptiles and amphibians. Make a temporary collection of what we find and visit with some of ELCCT's resident animals as well.

*or*

**TREASURE HUNTER:** Learn the skills of a true treasure hunter. Think like a pirate as you unearth clues to find different hidden treasures around the Preserve every day! Follow maps and solve riddles to take home your share of the loot.

**August 9-13 GEMSTONES AND GEOLOGY:** Enjoy rock collecting, jewelry making, geodes, and even panning for fool's gold as you learn about rocks, minerals and features of the land around us! Create your own volcano and learn about the geology behind it. We may even have a visit from a real-life geologist who will show us all kinds of different rocks, gems, and fossils!

*or*

**NATURE DETECTIVES:** Investigate the secrets and mysteries of our natural world through your five senses. Did you know you can identify some trees by smelling them, and some birds just by hearing them? Put on your detective cap and track animals through the forest and find out what they are up to.

**August 16-20 INDIAN ROCK OLYMPICS:** Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will combine to form teams for this camp-wide spectacular.

# Explorers

## For boys and girls entering 4<sup>th</sup> - 5<sup>th</sup> grades

**June 21-25 WILD ANIMALS:** Venture into the Preserve and discover the variety of amphibians, reptiles, birds and mammals that call the Preserve home. Learn where to find different species and visit with mounted and live animals throughout the week.

*or*

**ECO EXPLORERS:** Do you want to help the planet? Come spend the week learning about alternative energy sources, how to make compost, recycling, and much more.

**June 28-July 2 CANOE FISHING:** Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and fishing skills and safety will start the week. Then set out on Indian Lake in your canoe in search of the best fishing holes and practice your fishing techniques as you fish for Largemouth Bass and other fish species.

*or*

**SUPER SLEUTHS:** Hone your skills of deduction and reasoning as you use your detective “eye” to observe the living world. Put your skills to the test tracking animals, solving mysteries, and investigating crimes!

**July 6-9 BIRDS!:** Set out in search of the colorful birds that make Indian Rock home. Put your eyes and ears to the test as you learn to identify birds by sight and sound. Meet our resident live birds of prey up close! Help monitor Indian Rock’s nesting boxes, assist with bird banding, and much more!  
**No camp July 5; Special Fee \$200**

*or*

**TRY IT I:** Try a variety of different activities offered at camp in this sampler week! Each day will include different activities like canoeing, archery, tree climbing and nature exploration.  
**No camp July 5; Special Fee \$200**



**July 12-16 ANIMAL CARETAKERS:** Taking care of animals can be fun and rewarding but it is a lot of responsibility as well. Meet our resident animals including our cows, sheep, chickens, turkeys, reptiles, amphibians, and owls. Learn about their diets and other needs and assist with their care.

*or*

**EXPLORATION OF ARCHERY:** The basic skills of archery will form the foundation of this week. Test your skills on Indian Rock’s Archery Field! Discover the lost art of constructing archery equipment from plants, animals, and rocks.

**July 19-23 ROCKETRY:** Blast off to a week of discovery! Learn about rockets, space vehicles, and galactic travel. Make a variety of spacecraft. Discover how the sun impacts the Earth and learn the science behind rockets as you build and launch your own model!  
**Special fee: \$265.**

*or*

**SEARCH AND RESCUE:** Learn the many methods of searching the wilderness for lost people and objects. Rescue techniques will be employed as teams carry out a mission each day! First aid and survival skills will be introduced throughout the week.

**July 26-30 A WEEK IN THE LIFE OF A FARMER:** Expand your knowledge of farm animals and the business of farming as you become a junior farm hand. Adopt a chick for a night! Take care of our farm animals and help with projects around the farm to benefit these animals.

*or*

**KAYAKING:** Learn the basics of handling a kayak. Learn proper entry and exit techniques as well as how to launch, paddle, and portage. Practice safety and rescue exercises as you explore Indian Lake. Our instructors will make you an expert in no time!



**August 2-6 THEATER AT THE ROCK!:** This program explores all aspects of theater from writing, set design, performing and more. Not an actor but like to build things, write or help behind the scenes? This week is for you. Like to act and ham it up? This week is for you too! End the week with performances for campers and parents.

*or*

**WILDERNESS EXPLORERS:** Become confident in the outdoors by learning basic camping skills. Gain experience in building shelters, outdoor cooking, orienteering and the health and safety of wilderness adventures. An overnight camp-out on the preserve will round out the week (Pending COVID regulations). **Special fee: \$285**

**August 9-13 COLONIAL TRADES:** Ever wonder what life was like during the colonial times? Come discover the colonial life and try your hand at leather working, tin punching, wood working, basketry, stenciling, and fireside cooking.

*or*

**HYDRO ENGINEERS:** Spend the dog days of summer near and on the water as we make and race model boats, build a raft to navigate across Indian Lake, and other wacky and wet engineering activities.

**August 16-20 INDIAN ROCK OLYMPICS:** Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will combine to form teams for this camp-wide spectacular.

# Adventurers

## For boys and girls entering 6<sup>th</sup> - 10<sup>th</sup> grades

**June 21-25 FARM HAND:** Farmers are truly the “Jacks and Jills of all trades”. The need to maintain a farm requires a multitude of skills. Learn by doing as you help care for the animals, work on farm improvement projects and learn about animal husbandry.

*or*

**CANOEING AND KAYAKING:** Get out on the water and learn the basics of handling a canoe and kayak. Launch, paddle, portage and learn safety and rescue techniques as you explore Indian Lake. All of our instructors are certified and experienced.

**June 28-July 2 NATURAL CRAFTER:** Learn the skills to produce art out of natural materials found at Indian Rock! Learn about different types of art media and the use of patterns found in nature. Use wool, bees wax, rocks, vines, and much more. Finish off the week with an art show!

*or*

**OUTDOOR ADVENTURE:** Do you like the outdoors or exploring the forest? Do you like hiking and scrambling over huge boulders? Have you ever wanted to cook over a fire? If so, this week is for you! Explore the far reaches of Indian Rock Nature Preserve as few people have done! This week includes an overnight camp-out (Pending COVID regulations). **Special fee: \$285**

**July 6-9 TRY IT II:** Try a variety of different activities offered at camp in this sampler week! Each day will focus on a different activity; canoeing, archery, tree climbing, and nature exploration. **No camp July 5; Special Fee \$200**

*or*

**MINDFULNESS ADVENTURES:** Spend a week in nature unwinding. Experience the arts, music, yoga, and meditation while spending time in nature. You'll develop inner strength, learn leadership skills, and find your calm and focus. **No camp July 5; Special Fee \$200**



**July 12-16 CANOE FISHING:** Canoes will serve as vessels of discovery as we paddle and fish the waters of Indian Lake. Basic canoeing and fishing skills and safety will start the week. Then set out on Indian Lake in your canoe in search of the best fishing holes and practice your fishing techniques as you fish for Largemouth Bass and other fish species.

*or*

**SMITHING:** Explore the colonial crafts of blacksmithing and tinsmithing. Using a working forge, turn iron into usable materials such as hooks and tools, use tinsmithing techniques to make ornaments and other projects. **Special Fee: \$275.**

**July 19-23 RECREATIONAL TREE CLIMBING:**

See the Preserve in a different way than ever before! Using ropes and harnesses, climb to the top of the tree canopy to get a bird's eye view of the Preserve. Learn necessary skills and techniques to safely climb even the tallest of trees.

*or*

**WATER WANDERERS:** ELCCT and the Farmington River Watershed Association are teaming up for this special week. Take an in depth look at the waters of Indian Rock Preserve while learning how our water in Bristol connects to the larger watershed and Long Island Sound. The week will include a field trip to the Bristol Water Treatment Plant and Hammonasset Beach State Park (Pending COVID regulations). All field trip and transportation cost are covered by a grant from the FRWA.



**July 26-30 ARC OF THE ARROW:** Examine the hidden science behind the art of archery and enter the world of physics. Conduct numerous physical experiments using the bow and arrow while improving your skills as an archer. Each day will include time on the range for archery skill development.

*or*

**WOODCRAFTERS:** Do you like building with your hands? Learn basic woodworking skills including how to cut, carve, sand, and stain. Complete at least two projects to take home at the end of the week! **Special Fee: \$265**

**AUGUST 2-6 KAYAKING:** Here's your chance to spend a week on the water and try out a fast, nimble paddle craft. Learn basic paddling technique and water safety before putting your new skills to the test by playing kayak games!

*or*

**JUNIOR NATURALIST:** Are you interested in Environmental Science? Spend the week developing your skills and knowledge in the areas of environmental science research and sampling techniques, species id, and sustainability.

**August 9-13 FORT BUILDING:** Find a spot, just for you and your fellow fort builders, and build a secluded hideaway using natural and man-made materials. You will learn to hammer, cut, lash, and assemble a group structure.

*or*

**NATURE PHOTOGRAPHY:** This popular program will help you capture the beauty of nature in your photography. Using the preserve as a backdrop, you will learn about lighting, composition, and more. Bring a camera that uses a standard SD card or borrow one of ours.

**August 16-20 INDIAN ROCK OLYMPICS:** Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will combine to form teams for this camp-wide spectacular.

# Rangers

## For boys and girls entering 8<sup>th</sup> - 10<sup>th</sup> grades

The Rangers group started in 2016 for older campers. It consists of Indian Rock's more adventure-based programs. Please note that some of these programs have prerequisites to prepare the camper for the topic and activities. Campers entering 8<sup>th</sup>-10<sup>th</sup> grade can still sign up for programs in the Adventurers group as well.

**June 21-25 OUTDOOR NINJA CHALLENGE:** Do you have what it takes to workout in the outdoors? Let nature be your inspiration as you work as a team to design and build a ninja style obstacle course. Take this opportunity to spend your summer being fit and have fun doing it.

**June 28-July 2 ADVENTURES IN ARCHERY:** Expand and hone your skills as an archer. Experience different types of bows and other archery equipment including compound bows. Enter into camp archery competitions and learn new techniques. Learn how to fletch an arrow, add a nock point, and restring a bow. Learn about local archery organizations and competitions. After this week your archery skills will reach a whole new level.



**July 6-9 TRY IT III:** Try a variety of different activities offered at camp and test your skills during this sampler week! Focusing on a different adventure each day. Activities will include canoeing, archery, tree climbing, and nature exploration. This session gives campers a fun preview of future weeks of camp. **No camp July 5; Special Fee \$200**

**July 12-16 FILMMAKING:** Explore all aspects of filmmaking from writing and producing to shooting, performing, and editing. Create short films and a promotional video about Indian Rock. Campers will experience everything from filming with ipads to professional cameras.



**July 19-23 SURVIVAL SKILLS:** Knowing how to think for yourself in emergency situations helps increase self-confidence and independence. Learn to be ready for anything through a blend of traditional techniques and modern survival skills. Become proficient in the use of a map and compass as well as a hand held GPS unit. Learn shelter-building, fire-making, emergency first-aid, and lashing techniques. This week will include guest instructors and an overnight campout (Pending COVID regulations).

**Special Fee: \$285**

**July 26-30 ADVANCED WATERCRAFT:** Challenge your skills in paddling different watercraft, participate in watercraft relays and obstacle courses and learn safety techniques on the water. Finish the week with a day-trip paddle on the Farmington River (Pending COVID regulations) **Prerequisite:** Any of the following- Canoe and Kayaking, Kayaking, Try It or Canoe Fishing. **Special Fee: \$280**



**August 2-6 TREE TOPPERS:** So you like to climb trees? If you already took Indian Rock's Recreational Tree Climbing, you can learn advanced techniques like transfers and strategic rope placement. If you have not taken our tree climbing course yet, no problem. We will teach you the basics to get you into the trees in no time. Either way, this promises to be a high flying adventure!



**August 9-13 ADVANCED NATURALIST:** Take your naturalist skills to the next level. Spend the week using the Preserve as your outdoor laboratory as you design and implement your own environmental science project.

**August 16-20 INDIAN ROCK OLYMPICS:** Celebrate the end of the summer with Olympic style games complete with opening and closing ceremonies. All age groups, from Earth Magic to Rangers, will combine to form teams for this camp-wide spectacular.

# Counselors-in-Training

## *For boys and girls entering 10<sup>th</sup> - 12<sup>th</sup> grade*

**June 21-25 CIT TRAINING COURSE: Minimum age 14 years:** Learn the skills to become a Counselor-in-Training. You will receive training in teaching young children, along with training in first aid, safety, and camp operations. This course is designed to prepare teens prior to, or just entering the work force with skills required of summer camp counselors. After successfully completing this course, CITs may assist camp counselors for as many weeks as they would like (must commit to a minimum of 2 weeks), free of charge, and on a voluntary basis under the supervision and approval of the CIT coordinator. Not only will you gain valuable skills, but this is also a great way to satisfy school community service requirements **Fee: \$250**



## Being a CIT

Do you have what it takes to earn the coveted “Blue Shirt”? Do you like working with children? Are you patient, dedicated, responsible, outgoing and friendly? If so, then CIT training and placement may be for you. Counselors in Training are an essential part of the Indian Rock Summer Camp team. Under the supervision of the CIT Coordinator, CITs assist counselors in the preparation and instruction of activities, help document the summer by taking photographs and provide guidance and encouragement to campers. CITs are as much the “face” of Indian Rock Summer Camp as our Counselors are, and campers will rely on you for support. CITs also participate in behind-the-scenes activities such as assisting with ice cream sales and safely escorting campers from place to place.

In return for your volunteer support, you receive fun and valuable work experience and training. Both the CIT Coordinator and the individual counselors will provide mentoring that will increase your leadership skills and your ability to work with children. You will be trained in safety procedures as well as operational procedures. Should you have any specific area of interest, e.g. art, early childhood education, boating, etc., let us know and we will do our best to assign you to an area that enhances those interests. Placement as a CIT in the Indian Rock Summer Camp looks great on a work resume and also counts towards school community service hours.

Interested? The first step is to take and pass the CIT training course to be held June 21-25(see above). Then, at the CIT Coordinator’s recommendation, you will be placed with camp sessions throughout the summer as your schedule allows and will be one of the elite to receive the coveted “Blue Shirt”.



# Our Facilities

## The Orchard House

The *Orchard House*, nestled beside our 100-tree apple orchard, houses our lunchroom, gift shop, restrooms and two classrooms. This building was Indian Rock Nature Preserve's education center prior to the opening of the Fuller Barnes Education Center in 2010. Before COVID regulations, the Orchard house was where campers met each morning and departed each day. A large open air tent now helps to fulfill this role.



## The Fuller F. Barnes Education Center

The *Fuller F. Barnes Education Center* is a two-story, state-of-the-art environmental education center. Also known as the Bird Building, this facility houses our offices, two education workshops/labs, two classrooms, a Great Room with a working waterfall and an extensive deck overlooking beautiful Indian Lake. It also houses additional restrooms, the camp office, and our staffed first aid station.



## Indian Lake

*Indian Lake* provides opportunities for canoeing, kayaking and swimming. All water activities are supervised by certified lifeguards. Earth Magic and Discoverers age groups swim at the South Shore. This area is shallower and ideal for younger campers regardless of swimming ability. Explorers, Adventurers and Rangers age groups swim at the North Shore. These campers must pass a swim test to be able to swim out to the floating dock. Non-swimmers, or campers who do not wish to take the swim test, may enjoy the water in the shallower area. North Shore also has a volleyball court.



## Natural Areas

Although we have many indoor spaces available, campers spend most of their days outdoors. The Nature Preserve offers many hiking trails throughout its 280-acre natural area. What better place for a child to learn about nature than in Nature's own backyard? Streams, small waterfalls, wetlands, 100 year-old oak trees and scenic views are all part of this classroom. Many of Indian Rock Summer Camp's programs are designed to give campers the skills and knowledge to be comfortable outdoors.



## Farm

Animals are excellent teachers! Indian Rock Preserve maintains an educational farm. The Farm's residents include Nina and Jade the cows, a flock of sheep, several chickens, multiple turkeys and Maybell the pig. The green grass is a perfect place for children to sit and learn about animal husbandry and farm life. The farm also features our pesticide-free vegetable garden, the *Garden for Good*.



# Information for Parents and Guardians

## Camp Registration/Fees

A standard one-week session of camp is \$250. Some weeks have a different fee which are noted under their program description. All campers must be up-to-date annual members of ELCCT. Membership is \$30 for each youth, or \$60 for the entire family. Visit [www.ELCCT.org](http://www.ELCCT.org) to complete your camp registration online.

## Payment Policy

- ◆ Before June 1<sup>st</sup>, pay in full or select the installment option. After June 1<sup>st</sup>, full payment is due at the time of registration. No camper is registered until payment is received.
- ◆ If registering for four or more weeks, full payment must be received for the first four weeks. Any additional weeks must be paid at least two weeks in advance.
- ◆ Membership must be paid in full at the time of registration.
- ◆ If payment is not received prior to the time required above, the camper will be removed from all future weeks and the opening will be given to other individuals without notice. The Center will be under no obligation to permit future attendance.
- ◆ Morning or aftercare may be paid for as needed on a space available basis. Any camper dropped off before 8:30am or picked up after 4:15pm will be charged for extended care.

## Fee Discounts

- ◆ Discounts are applied to Camp Fees only and are not applied to membership or extended care.
- ◆ 10% discount if paid in full by June 1<sup>st</sup>.
- ◆ 5% discount for all siblings attending the same week.

## Refund Policy

- ◆ Full cash refunds will only be issued to campers who cancel with 30 days notice prior to the start of the camp session, or for any topic the Center cancels.
- ◆ Credit towards future programs will be issued to campers who have a bona-fide illness or injury affecting a full week and inform the Center prior to the start of the absence. Credits are valid for one year from issue date.
- ◆ No refunds or credits will be given for other than the reasons above.

## Extended Day Program

We hope to be able to bring back the extended day options this summer pending COVID regulations. There are two early morning sessions to choose from beginning at either 6:30am or 7:30am until the start of camp. You **MUST** register in advance for the 6:30am time slot! Our staff will not be here before 7:30am unless campers have registered and paid in advance! The fee is \$45 per week for 6:30am and \$30/week for 7:30am drop-off times. The pm session operates from the close of camp at 4:00pm until 5:30pm. The fee is \$30 per week for the pm program. Late pick-ups after 5:30pm will be charged \$30 per hour.



## Health and Safety

The camp is licensed by the CT Office of Early Childhood and has an excellent safety record. A first aid staff member is present all day to handle minor injuries, dispense medications and coordinate any major injuries with the proper medical professionals. We are proud of our perfect scores on camp inspections.

- ◆ Camp physicals are required and our physical examination form must be completed and on file prior to your child's attendance at camp. The physical examination must have taken place in the past 3 years. Campers without a current physical form on file are not permitted to attend camp as per State law.
- ◆ If your child must take medications while at camp, including inhalers, epipens, prescriptions AND over the counter medications, State law requires the **Authorization for the Administration of Medications Form** to be completed by a doctor and signed by the doctor and a parent.
- ◆ **By State law, we can not accept any medication without the above named documents.**
- ◆ Medications must be in pharmacy prepared containers and labeled with the name of the child, name of the drug, strength, dosage, frequency, authorized prescriber's name and expiration date. Expired meds are prohibited.
- ◆ Over the counter medications must be in the original container and labeled with the child's name.
- ◆ Parents must check in medications at the office and provide the above named form at the beginning of camp attendance. Parents must also sign our medication log to confirm the amount of medication we received. Medications are to be picked up at the end of the week.
- ◆ Sunscreen and insect repellent must be labeled with campers names. Sunscreen and insect repellent may not be shared with other campers.

# Information for Parents and Guardians

## General Camp Information

- ◆ Camp drop-off is from 8:30-9:00 and pick-up is from 3:45-4:15. As of now, we will be implementing “curbside” drop-off and pickup as was done last year.
- ◆ See extended care options on the previous page.
- ◆ Every Monday, at check-in, campers and parents will find out who their counselor is, make sure all necessary forms have been received, and check-in any medications.
- ◆ Parents sign campers in at the beginning of each day and sign campers out upon pickup.
- ◆ If you need to pick up your child early, you must inform the office at least one hour in advance.
- ◆ Weekly slideshows will be created for each camp session and a link will be emailed to each family so you can see what your child did at camp!

## Dress

Play clothes that can get dirty and **sturdy, closed toe shoes or sneakers are a must!** Programs are held rain or shine so bring rain coats if rain is possible. Indian Rock is always cooler than lower areas.

## Lunch

Campers must provide their own lunch and afternoon snack. Please label the bag or container. Ice Cream is available for purchase for \$1.00.

## Swimming

Swim time is provided at one of the lake’s two waterfronts, conditions permitting. Swim time is free play time during which campers may swim, wade or play on the beach. Campers are not required to know how to swim. Campers swim with their own age group. Swimming and wading are supervised by certified lifeguards. Campers must pass a swim test to swim to the floating dock at North Shore. Campers should bring a swimsuit and towel daily.



## What do I bring to Camp?

- ◆ Wear Socks & Sneakers (that can get dirty!)
- ◆ Backpack
- ◆ Lunch and snack in a labeled bag
- ◆ Ice Cream and Gift Shop money (optional)
- ◆ Reusable Water Bottle
- ◆ Bathing Suit and Towel
- ◆ Flip flops / Water Shoes for walking to and from the swimming areas.
- ◆ Plastic grocery bag for wet bathing suit and towel (recommended to keep backpack and other items dry after swim)
- ◆ Sunscreen & Insect Repellent. Apply at home. To reapply at camp, we need it to be labeled with camper’s name along with our liability/permission form checked off and signed by the parent. For Earth Magic campers counselors will collect sunscreen and insect repellent and supervise use. All other camper may carry their sunscreen or insect repellent in their backpack at the discretion of their counselor.

## Items Prohibited From Camp.

- ◆ Trading cards of any kind
- ◆ Personal items that may have a significant value
- ◆ Possession of knives (without authorization), fireworks, matches, tobacco, vapes, alcohol, drugs, or any kind of firearms or replicas will result in expulsion from camp and referral to the local police department if appropriate.
- ◆ No electronic devices are to be used during camp hours of 9:00am-4:00pm. During this time, all electronics should be stowed safely in a backpack. We are not responsible for lost, stolen or damaged items. If electronics are brought to camp, they can only be used during morning care and aftercare. Violations may result in the confiscation of the device which will be returned to the parent at the end of the day.

## Discipline Policy

To ensure a positive experience, ELCCCT does not tolerate unruly, disrespectful or aggressive behavior, especially as it relates to the safety of our campers. A copy of our discipline policy is posted in the Orchard House and can be viewed in the summer camp section of [www.elcct.org](http://www.elcct.org).

## Financial Assistance

Environmental Learning Centers of Connecticut strives to make all of our programs accessible to all people. In keeping with this philosophy, we created the Indian Rock Summer Camp Scholarship Fund. Through the generosity of individuals, foundations and corporations, financial assistance is available. Applications will be reviewed on a rolling basis. For eligibility information, please call us at 860-583-1234 or email [summercamp@elcct.org](mailto:summercamp@elcct.org). Contributions to our scholarship fund are greatly appreciated.



Environmental  
Learning Centers  
of Connecticut, Inc.

501 Wolcott Road • Bristol, CT 06010



## Indian Rock Summer Camp Brochure 2021

[www.ELCCT.org](http://www.ELCCT.org) ♦ (860) 583-1234 ♦ [summercamp@elcct.org](mailto:summercamp@elcct.org)

*Inspiring the appreciation and enjoyment of nature through education and conservation,  
fostering a healthy environment and an improved quality of life.*

# Come join us at Indian Rock Summer Day Camp

For campers entering Kindergarten-12<sup>th</sup> grade



# 2021

